

**Honors Core (required 1st-semester experience in ECU Honors)**

HON 100: Engaging in Honors (1 hour)

During your first honors advising appointment, you'll discuss your personal and career goals with your honors advisor to lay out your remaining honors path, which will include the following:

**Honors Electives (6 hours):**

Honors electives are 300-level honors seminars that count toward general education credits you still need to take. Your honors advisor will help you choose which classes are best for you. Our slate of 300-level seminars changes every semester, so there's always something new and exciting to take. Check out the next page for some examples.

**Honors Experiences (1-2 experiences, 0-6 hours):**

Honors experiences can be completed by taking additional Honors Elective courses, completing Honors Enhancements, or a combination of the two.

Honors Enhancements are pre-approved experiences that are documented in your Honors Portfolio. These might include a study abroad or significant study away experience, a significant co-op or internship, or a significant, faculty-mentored undergraduate research experience. You will learn more about your options for Honors Enhancements and how to document them in your Honors Portfolio in HON 100.

**Honors Thesis (6 hours):**

Your honors thesis is a year-long research experience on the topic of your choice. You'll work one-on-one with a faculty mentor over two semesters to create a thesis project you can be proud of and that will make you stand out in your future professional or career goals. Check out the next page for some recent thesis titles and where you can see more.

**300-Level Honors Seminars**

300-level Honors Seminars fulfill your Honors Electives hours and are an option to fulfill your Honors Experiences hours. These seminars can replace general education credits that you still need to take. The list of classes changes each semester; below are some recent seminar titles.

Data Feminism  
The Psychology of Acting  
Guns and Culture of Violence  
Inventing Appalachia

Puppetry in Theory and Practice  
Contesting the Classics  
Learning in Place  
Cosmos and Planetary Evolution

**Honors Thesis Projects**

Curious as to what types of things can be an honors thesis project? Check out the list of recent titles below. You can see our honors thesis archive at [https://encompass.ecu.edu/honors\\_theses/](https://encompass.ecu.edu/honors_theses/).

America Arts for All: Promoting Musical Opportunity and Equity for Socioeconomically Challenged Students

Birth Experiences in Kentucky: An Ethnography of Healthcare, Trauma, and Healing

When the Fire Nation Attacked: A View of the Colonialism and Imperialism within Avatar: The Last Airbender

Pulled from the Page: How Science Fiction Has Influenced Technology

Assessing the Impacts of Juvenile Incarceration in Adult Correctional Facilities

Exceptional Learners and the Inclusive Classroom

Healing Through Play: Relieving Anxieties Caused by Stressors Faced When a Child is in Need of Medical Care

Classical String Quartet: A Transformation to Vocal Jazz

What's in an ACE: The Role of ACE2 in COVID-19's Tissue Damaging Effects