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Cover art by Steve Falkenberg, Professor Emeritus

Welcome to the ECU Department of Psychology

On behalf of our faculty and staff, welcome to the Department of Psychology at Eastern Kentucky University. Congratulations on your decision to join a caring community of faculty and students who share a sense of excitement about the science and practice of psychology. Your courses covering core and specialized topics will expose you to a stimulating range of questions and ideas about human behavior. A degree in psychology will prepare you for a wide range of career options and offers a solid foundation for further graduate-level study. You will find our faculty to be exceptional teachers, mentors, and advisors who are excited about their work and strongly committed to student success. You will also find them easily accessible and eager to get to know you. Our department is nationally recognized for promoting student and faculty collaboration on research projects. Each year a number of our undergraduates are co-authors of papers published and presented at professional meetings.

We pride ourselves on our relaxed and student-friendly environment. The Cammack Building, home to the Psychology Department, features student lounge/study areas as well as state-of-the-art equipment in our classrooms and computer lab. We have active student organizations: Psi Chi (the national psychology honor society) and the Psychology Club (open to all students interested in psychology). We encourage you to participate in these unique opportunities for social and academic engagement.

This Undergraduate Student Handbook is designed to familiarize you with our departmental policies and procedures and to provide information that will make your life here easier. I encourage you to read it, keep it handy, and refer to it often. I also encourage you to discuss any questions you have with your advisor.

Again, welcome. Please feel free to drop by my office if you have any concerns, or if you just want to say hello.

Dr. Hung-Tao Michael Chen
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P.S. Be sure to visit the Psychology Department website, www.psychology.eku.edu, and follow us on your favorite social media!



@EKUPsychology



ekupsychology.tumblr.com



EKU Psychology Department



EKU Psychology Dept.

EKU Psychology Office

Department Goals for Undergraduates

The mission of the Department of Psychology at Eastern Kentucky University is to empower students, through the study of psychology, to lead more satisfying personal, professional, and intellectual lives.

The department faculty has adopted the following student learning outcomes for psychology majors. We are committed to helping students achieve these objectives by the time they graduate with a degree in psychology from ECU.

Goals for Undergraduate Students:

Goal 1: Critical Reading for Independent Learning

- Students will use critical reading skills to understand and apply the findings from research articles in psychology.

Assessment: PSY 399/440 Article/Source Analysis Assignment

Benchmark Criterion:

- At least 80% of students will be classified as Meeting Expectations on course assessments of goal.

Goal 2: Content Knowledge in Psychology

- Students will recall and explain empirically generated psychological content.

Assessments: Senior Exit Questions Regarding Fundamental Concepts

Benchmark Criterion:

- At least 80% of students will be classified as Meeting Expectations across the four content categories.

Goal 3: Disciplinary Skills in Psychology

- Students will demonstrate professionally relevant skills in psychology

Assessment: Center for Applied Psychology & Workforce Development Module Assessment

Benchmark Criterion:

- At least 80% of students will be classified as Meeting Expectations or higher on module assessment
-

Opportunities for Psychology Students at EKU

Get to know the faculty.

1. Work with faculty mentors to pursue specialized topics in Psychology. Enroll in PSY 497 (Topics in Psychology), PSY 502 (Independent Work in Psychology), PSY 503 (Practicum in Psychology), and/or PSY 399 and PSY 419 (Research Development Skills).
2. Faculty have an open-door policy and welcome the opportunity to talk with students. Feel free to discuss issues with any member of the faculty.
3. Develop a good working relationship with your advisor, who can help you choose classes and make important career decisions.

Gain real world work experience, learn new skills, enhance your resume, make important contacts, and enhance your graduate school application.

1. Enroll in PSY 349 (Co-op). See Dr. Steffen Wilson (Steffen.Wilson@eku.edu).

Gain research experience.

1. Collaborate with faculty on research projects (informally or by registering for PSY 399, 419, and/or 503). For more information, check out our page on mentoring: <https://psychology.eku.edu/start-mentorship-psychology-professor>
2. Present your work at professional conferences.
3. Co-author publications with faculty.

Become involved in the psychology community beyond the classroom.

1. Join the Psychology Club (see Dr. Adam Lawson, Adam.Lawson@eku.edu).
2. Join Psi Chi, the national psychology honor society (see Dr. Adam Lawson, Adam.Lawson@eku.edu).

3. Attend lectures. Look for announcements around the Cammack Building.
4. Participate in professional development activities. The Psychology Department financially assists students who travel to professional conferences.
5. Attend our Professional Workshops. For more information about these, contact Dr. Yoshie Nakai (yoshie.nakai@eku.edu).

Learn how to make important decisions about your future.

1. Enroll in PSY 258
2. Discuss your future with your advisor and other faculty members. Take advantage of your advisor's expertise and experience.
3. Explore different career directions by enrolling in co-op (PSY 349). Take advantage of opportunities afforded by a flexible curriculum to pursue a second major or minor.

Receive financial support and recognition for your accomplishments.

1. Apply for the Knapp Scholarship, Hindman Scholarship, and the Kennamer Scholarship (see Department Chair or Academic Coordinator for details).
2. Apply for student research support money

Opportunities to Study Abroad

EKU students can participate in diverse study abroad opportunities, immersing themselves in foreign cultures and climates for course credit and personal growth. Programs last from two to five weeks to an entire semester in dozens of countries around the world including China, France, Italy, Japan, Ecuador, Spain, Turkey, Australia, Brazil, and England. Courses covering a wide variety of topics, including psychology, are available during the fall, spring, and summer sessions, and during the winter and spring breaks. The Psychology Department strongly encourages students to study abroad and, dependent on student interest, offers courses in Observation of Animal and Human Behavior, Human Ethology and Nonverbal Behavior, Psychology of Art, Psychology of Religion, and Psychological Disorders of Children. Though we urge students to learn new languages, study abroad classes are taught in English and students are not required to speak a foreign language to participate (except in some advanced foreign language courses). A limited number of scholarships are available to qualified students.

Eastern is a member of the Kentucky Institute for Study Abroad and the Cooperative Center for Study Abroad. You can visit their websites for more information (<http://www.kiis.org> and <http://www.ccsa.cc/>). In addition, the Psychology Department periodically offers its own study abroad programs in Ecuador and Spain.

If you would like to learn more about these exciting opportunities, contact Dr. Steffen Wilson (steffen.wilson@eku.edu) in the Psychology Department or Jennifer White, the Director of Study Abroad for the university (Jennifer.white@eku.edu), 859-622-1705, Keith Building Room 129).

For information on scholarships for study abroad programs contact Jennifer White.

Department of Psychology Faculty Directory

Theresa Botts, Ph.D. (Associate Professor)

Office Number: Cammack 233

Office Phone: 622-2318

Email Address: theresa.botts@eku.edu

Ph.D. University of Kentucky, 2001

Professional Interests: cognitive behavior therapy, feminist perspective, trauma work and gender issues

Myra Beth Bundy, Ph.D. (Professor)

Office Number: Cammack 110

Office Phone: 622-1003

Email Address: myrabeth.bundy@eku.edu

Ph.D. University of South Carolina, 1996

Professional Interests: clinical psychology, mental retardation, autism, neuropsychological assessment, children and families, developmental psychopathology

Michael Chen, Ph.D. (Associate Professor, Interim Chair)

Office Number: Cammack 127

Office Phone: 622-1105

Email Address: hung-tao.chen@eku.edu

Ph.D: University of Kentucky

Professional Interests: education technology, learning, reading processes

Dan Florell, Ph.D. (Professor)

Office Number: Cammack 202

Office Phone: 622-1291

Email Address: dan.florell@eku.edu

Ph.D. Illinois State University, 2000

Professional Interests: school psychology, cyberbullying

Maggie Freeman, Psy.D. (Assistant Professor)

Office Number: Cammack 222

Office Phone: 622-1106

Email Address: Maggie.Freeman@eku.edu

Psy.D Eastern Kentucky University, 2020

Professional Interests: children and adolescent emotional and behavioral challenges

Jon Gore, Ph.D. (Professor, Interim Associate Chair, ECU Coordinator of Undergraduate Research)

Office Number: Cammack 116

Office Phone: 622-1115

Email Address: jonathan.gore@ecu.edu

Ph.D. Iowa State University

Professional Interests: social psychology, close relationships, relational goals

Jaime Henning, Ph.D. (Professor, Coordinator of I-O Graduate Program)

Office Number: Cammack 217

Office Phone: 622-8178

Email Address: jaime.henning@ecu.edu

Ph.D. Texas A&M University

Professional Interests: I-O psychology, volunteerism, citizenship behavior

Sara Incera, Ph.D. (Assistant Professor)

Office Number: Cammack 104

Office Phone: 622-8623

Email Address: sara.incera@ecu.edu

Ph.D. Cleveland State University

Professional Interests: cognitive psychology, bilingualism, language

Adam Lawson, Ph.D. (Professor, Psi Chi Advisor)

Office Number: Cammack 112

Office Phone: 622-1564

Email Address: adam.lawson@ecu.edu

Ph.D.: Oklahoma State University, 2001

Professional Interests: cognitive neuroscience, psychophysiology, memory and aging

Radhika Makecha, Ph.D. (Associate Professor)

Office Number: Cammack 223

Office Phone: 622-1105

Email Address: radhika.makecha@ecu.edu

Ph.D. University of Southern Mississippi

Professional Interests: animal studies, comparative psychology, animal behavior and cognition, animal welfare and conservation

Michael McClellan, Ph.D. (Associate Professor, Director of Clinical Training)

Office number: 222

Office phone: [622-4381](tel:622-4381)

Email address: m.mcclellan@eku.edu

Ph.D. University of Kentucky, 2014

Professional Interests: clinical psychology, telepsychology, rural mental health, cultural competency, and addiction

Robert Mitchell, Ph.D. (Foundation Professor, Coordinator of General Psychology M.S.)

Office Number: Cammack 114

Office Phone: 622-3122

Email Address: robert.mitchell@eku.edu

Ph.D. Clark University, 1987

Professional Interests: Understanding of mirrors and self-recognition in primates, deception in humans and animals, talk to dogs during play, interpretations of animal psychology, psychological interpretations of music, children's understandings of pretense and false beliefs, interpretations of gays and lesbians, origins of sexual desires

Melinda Moore, Ph.D. (Associate Professor)

Office Number: Cammack 223

Office Phone: 622-3067

Email Address: melinda.moore@eku.edu

Ph.D. The Catholic University of America, 2012

Professional Interests: clinical psychology, suicide/suicide prevention, bereavement, substance abuse

Yoshie Nakai, Ph.D. (Professor)

Office Number: Cammack 108

Office Phone: 622-1110

Email Address: yoshie.nakai@eku.edu

Ph.D. University of Akron, 2011

Professional Interests: industrial/organizational psychology, aging workforce, job search behavior, cross-cultural issues at work

Jerry K. Palmer, Ph.D. (Associate Professor)

Office Number: Cammack 232

Office Phone: 622-2531

Email Address: jerry.palmer@eku.edu
 Ph.D. Georgia Institute of Technology, 1999
 Professional Interests: industrial /organizational psychology, perceptual judgment contrast effect, citizenship behavior, credit history, The Big Five Personality Theory, performance appraisal

Andrea Strait, Ph.D. (Professor)

Office Number: Cammack 112
 Office Phone: 622-1109
 Email address: andrea.strait@eku.edu
 Ph.D.: University of Tennessee, 2005
 Professional Interests: school psychology, curriculum-based measurement, academic intervention

Joshua Turner, Psy.D. (Assistant Professor)

Office Number: Cammack
 Office Phone:
 Email Address: Joshua.Turner@eku.edu
 Psy.D. Eastern Kentucky University
 Professional Interests: Bilingual Counseling, Primary Care Mental Health Integration, LGBT Issues, Sizeism, Binge Eating Disorder, and Veteran's Issues.

Alex Varakin, Ph.D. (Professor)

Office Number: Cammack 222
 Office Phone: 622-2511
 Email Address: donald.varakin@eku.edu
 Ph.D.: Vanderbilt University, 2006
 Professional Interests: visual perception, cognitive psychology, attention

Steffen Pope Wilson, Ph.D. (Professor, Coordinator of Co-op and Internship)

Office Number: Cammack 201
 Office Phone: 622-8677
 Email Address: steffen.wilson@eku.edu
 Ph.D. University of Georgia, 1997
 Professional Interests: development of cognitive inhibition, memory development

Matthew P. Winslow, Ph.D. (Professor)

Office Number: Cammack 217

Office Phone: 622-6171

Email Address: matthew.winslow@eku.edu

Ph.D. University of Minnesota, 1998

Professional Interests: social psychology, prejudice, stereotypes

Dustin Wygant, Ph.D. (Professor, Executive Director of Integrated Behavioral Health)

Office Number: Cammack 218

Office Phone: 622-6796

Email address: dustin.wygant@eku.edu

Ph.D.: Kent State University, 2007

Professional Interests: forensic psychology, assessment, MMPI

Requirements for the Psychology Major
(Fall 2014 Catalog or later)

University Graduation Requirements

- General Education 39 hours
- Foundations for Learning (GSD 101; waived for transfers with 30+ hours).....3 hours
- Writing Intensive Course (*Hrs. incorporated into Major/Supporting/Gen Ed/Free Electives category*)
- Upper division courses (*42 hrs. distributed throughout Major/Supporting/Gen Ed/Free Electives categories*)
- ACCT (*Credit hours may be incorporated into Major or Supporting requirements*)
 Psychology majors will select one of the following: PSY 400, or 401, or 579

Total Hours University Graduation Requirements42 hours

Major Requirements

A minimum grade of "C" is required in all courses counted toward the major.



Core Courses..... 34 hours

PSY 200, 240, 258, 340W, 440, 499 (0), and at least 3 hours from each of the following areas:

- **Biological Bases of Behavior:** PSY 311, 315, 315L (students in the Substance Abuse or Brain and Cognitive Science Concentrations must select 311 for this group)
- **Cognition/Learning:** PSY 317, 322, 333
- **Developmental:** PSY 312, 314, 316 (students in the Child and Family Psychology must select 312; students in the Psychology of the Workplace Concentration must select either 314 or 316; students in the Art Therapy Concentration must select 312)
- **Social/Personality:** PSY 300, 305, 308 (students in the Substance Abuse, Autism Spectrum, Forensic, or Workplace and Art Therapy Concentrations must select 308)
- **Skills:** PSY 318, 319, 399, 405, 406, 490, 590 (Students in the Substance Abuse Concentration must select 490; students in the Child and Family Concentration must select 406; students in the Workplace or Art Therapy Concentration must select 405)
- **Capstone:** 349 (3 hours), 400, 401, 419 or 579

Concentrations:

Psychology (General)	9 hours
9 hours of psychology electives. At least 3 hours must be numbered 400 or above. (PSY 280, 502 and 503 may not be used as a psychology elective.)	
Art Therapy	12 hours
PSY 305, 412, 314 or 316, and one of the following: 406, 408, 476 or 477	
Substance Abuse	12 hours
PSY 305, 405, 406, 429	
Developmental Disabilities/Autism Spectrum Disorders	12 hours
PSY 312, 406, 408; PSY 477 or 577	
Forensic Psychology	12 hours
PSY 300, 305, 314, 466	
Child and Family Psychology	12 hours
PSY 314, 405, 408 and one of the following: 318, 321, or 377	
Psychology of the Workplace	12 hours
PSY 300, 305, 319, 590	
Brain and Cognitive Sciences	15 hours
PSY 315, 317, 413; one of the following: PSY 322, 333 or approved 497/597; one of the following: BIO 307, CSC 160, MAT 234(4), PHI 352	
Psychiatric Rehabilitation	15 hours
PSY 337, 349 or 503; 405, 429, 437	
Free Electives	28-35 hours
TOTAL HOURS TO COMPLETE DEGREE	120 hours

-  Students pursuing any of the Concentrations are strongly encouraged but not required to complete PSY 349 Co-operative Study in the Concentration area.
-  Art Therapists are required to earn a Master’s degree in Art Therapy. Admission to Art Therapy Master’s programs requires 18 hours of studio art classes in addition to the psychology classes that make up the concentration. Students pursuing the Art Therapy Concentration must also complete an 18hr Art Minor.

Important Note for Transfer Students and Students who have changed their major:

You should allow at least three to four semesters to complete the required psychology courses. We strongly recommend that you take PSY 258 during your FIRST semester.

Critical Facts about Course Sequencing

There is a particular order in which some psychology and supporting courses must be taken. PSY 200 is a pre-requisite for all other psychology courses. PSY 240 and MAT 105 (or higher) or STA 215 are prerequisites for PSY 340W, and PSY 340W is a prerequisite for some other PSY courses. Suggested timing for these courses is:

Freshmen (0-30 hours)

PSY 200 and PSY 240
 MAT 105, or better yet, MAT 107 or higher (105 is a prerequisite for PSY 340W) or STA 215
 PHI 100 (Practical Reasoning) is strongly recommended.

Sophomore (30-60 hours)

PSY 340W (first semester; PSY 340W is a pre-requisite for PSY 440 and several other psychology courses).

PSY 440 (second semester; PSY 440 is a prerequisite for 400)

Additional Prerequisites:

Be sure to check the course descriptions for special prerequisites for 400 level psychology courses, and note that completion of three of the five psychology area requirements is a prerequisite for PSY 400. Also, students must have 15 hours of psychology before enrolling in cooperative study (Co-op) in psychology (PSY 349)

Transfer students and students changing their major:

The psychology major typically requires a minimum of three to four semesters to complete.

Succeeding in the Psychology Major

Administrative Issues

- 1. Know your undergraduate catalog.** The catalog describes University policies, explains your General Education requirements, provides information about student services and financial aid, lists the requirements for the major, and includes all course descriptions. The catalog is available on the ECU website (www.undergraduatestudies.ecu.edu/catalog). Note that General Education requirements are described in Undergraduate Catalog.
- 2. Check out the ECU Colonel's Compass** for important dates/deadlines at www.ecu.edu/students.
- 3. Deadlines to watch for:**
 - a. **Application for Graduation**: December graduates - apply before the end of the preceding April. May and August graduates: apply by the end of the preceding October. If you have any questions about graduation, you may direct those to Megan Estes in the College of Arts & Sciences (megan.estes@ecu.edu).
 - c. **Registration**: Check on the on-line schedule book for dates when you can register each semester.
- 3. Make sure the university has your correct address (email and regular mail)**

Your ECU email address is the official email address for ECU students. The university and the faculty will send important information to your official student account. Be sure to check it often.

Coursework

1. Study Time: The university policy is that you should allow a minimum of 2 to 3 hours outside of class for homework/study purposes for each hour spent in class. Thus, for a 3-unit class, you need to allow for 6 to 9 hours outside class per week for studying. This means you will need to appropriately balance course load and outside responsibilities so that you have sufficient time for your classes. The purpose of the study time is for you to learn course material and to develop general thinking skills, and skills specific to your discipline.

2. Be an active student: Use active study practices, e.g., reading with a question in mind, self-testing, and talking with classmates about course material. Also, ask questions in class and in your professor's office about course material and assignments. Satisfy your curiosity and clarify your confusions by talking with your professor.

3. Authorship: Your exams, papers and all other assignments must reflect your own work, unless you are explicitly directed otherwise by your instructor.

Working and Going to School

Many students find it necessary to work and attend school. This is less than an ideal situation in terms of schoolwork, but it is a reality. Often students entering the university for the first time, either from high school or community college, underestimate the amount of time required to do well in their classes. As one progresses in the major, the workload per unit, the difficulty of the course material, and the number and complexity of assignments usually increase. It will then be necessary to reduce either work hours or course load. When work hours and course loads are too high, grades will suffer and stress will be excessive. Often these problems may become apparent when it is too late to drop a class. This means you should consider the work-school balance when registering for classes. You may have to make sacrifices either in terms of fewer units per semester or reducing your income. However, the benefits of doing so are substantial. If you allow sufficient time to study, use the library, and meet with faculty, you will get much more out of your courses and maximize the chances that your grades will reflect your true potential. You will also have more time to get involved in department and university activities. The Psychology Department and ECU have a lot to offer; don't miss these opportunities because you are overloaded.

Advising

You must see your advisor each semester before you can register. It is important to review your Degree Works report with your advisor, and to discuss with your advisor your long-term goals, progress in your courses and any problems you are having with your experience at EKU. **Your advisor will give you your RAC number, which you need in order to register.**

1. The calendar Colonel's Compass (www.eku.edu/students) gives the dates when the official Advising Periods begins and ends (typically around the end of October and March). During the Advising Period, professors will have sign-up sheets posted outside their office for you to schedule appointments. You may not register without having seen your advisor.
2. Get the most out of your advising appointments. **Before** meeting with your advisor:
 - a. Examine your Degree Works report, Schedule of Classes, and Course Descriptions in the Undergraduate Catalog.
 - b. Make a list of questions you have about scheduling classes
 - c. Make a list of questions you have about long-term goals and other matters
3. **As questions and problems arise during the semester, see your advisor for help.**

Can't decide which Psychology classes to take? Check out the Department's YouTube channel (https://www.youtube.com/channel/UCzMZfTzAQ9aJa6Nos4H_ssQ). You'll find brief interviews with professors about some of the classes they offer!

The Outside Activity Requirement

All students in PSY 200, 240, 340W and 440 are required to earn 6 hours of outside activity credits. These can be earned in various ways such as serving as a participant in research or attending department colloquia. The purpose of this requirement is to expose you to psychology in action. By participating in research and listening to speakers about research and practice, you get first-hand exposure to the science and practice of psychology. Finally, completing outside activity requirements is a great way to get ideas for your own research proposal that you may write in PSY 399 and carry out in 419.

The PSY 399 Research Proposal and PSY 419 Research Project

Psychology majors may elect to pursue an independent research project by taking PSY 399 and 419. In 319 you will develop and write a formal research proposal and then, in PSY 419, carry out and write up the results. As you take classes in psychology it is important to keep this project in mind. Keep a list of topics that interest you and questions you might investigate that can form the basis of your proposal. Also, a good way to create a pool of ideas for your proposal is to keep records of all your Outside Activity units. You may want to propose a study similar to one you participated in or read about when fulfilling your outside activity credits. Finally, use psychology faculty (in addition to your course instructor) as resources for this project. Your project can be connected to faculty research, or you can seek the advice of professors who have expertise in areas related to your proposal. **IF YOU THINK YOU MIGHT BE INTERESTED IN THESE CLASSES, TALK TO YOUR ADVISOR NOW**, even if you're just starting out in the major.

Get Involved

1. Join Psi Chi or Psychology Club.

Psi Chi and Psychology Club are student organizations that provide a way to get to know fellow psychology majors and to participate in a variety of psychology-related activities. For example, Psi Chi and Psychology Club members participate in field trips to enhance their understanding of the psychology profession. They attend conferences such as the Southeastern Psychological Association. The members of the two clubs also work together to coordinate community service activities within the local community.

Psychology Club is open to anyone; you do not have to major or minor in psychology to join, and there is no minimum GPA requirement. Membership in Psi Chi is only open to psychology majors. Psi Chi at Eastern Kentucky University is a chapter of the National Honor Society in Psychology, which is located around the nation at more than 1,000 colleges and universities. Becoming a member of Psi Chi gives you an opportunity to attend local, regional and national forums for obtaining information and developing perspectives about the field of psychology. Psi Chi is supportive of student research and offers research grants for undergraduates at the regional, national, and local levels. The department chapter also offers an undergraduate research award. The requirements for Psi Chi include a 3.0 GPA and completion of three semesters of university course work including nine hours of psychology course work. You can get more information about both organizations, requirements for membership, and application procedures on the ECU Psychology Department website. Also, see Drs. Theresa Botts the faculty advisors for Psi Chi and Psychology Club.

2. Join NAMI

NAMI (the National Alliance on Mental Illness) is the nation's largest grassroots mental health organization dedicated to improving the lives of individuals with mental illness and have families and friends. Founded in 1979, NAMI has local affiliates in all 50 states.

The Kentucky Chapter of NAMI has approximately 1,000 members, and offers programming and services throughout the Commonwealth.

TO find out about services, programs, and support groups in your area, contact NAMI KY at:

NAMI Madison County
Beth Clark, Contact
859-986-6309

For ways to get involved with NAMI at EKU, contact Dr. Melinda Moore at melinda.moore@eku.edu or 859-622-3067.

3. Other ways to get involved.

- a. Get involved in a campus organization or group.
- b. Get to know your classmates.
- c. Get to know your professors: talk to your professors about course material, the field of psychology, graduate degrees, EKU, jobs, their research, or their practice as clinical, school, or I-O psychologists. ASK them questions.
- d. Get involved in a professor's research. You can do this either in the course of completing PSY 399 and PSY 419, for PSY 502 (independent study) or PSY 503 (practicum) credit, or you can simply get involved as a volunteer (occasionally paid opportunities are also available).
- e. Attend talks by colloquium speakers. Each semester the psychology department hosts a colloquium series in which guest psychologists speak about practice or research in psychology.

How to Study

Effective and Efficient Studying – How to Make Your Study Time Pay Off by Dr. Catherine Clement

Your primary goal in studying is to understand the material you are studying. You also need to remember material. It turns out that understanding and remembering are closely connected.

- 1. Explain ideas to yourself.** For example, explain why Lincoln made certain decisions just before the Civil war. Explain why a particular equation is appropriate for a particular problem. Many ideas cannot be automatically understood. You have to actively figure them out, and express them in your own words. Once you figure something out, your chances of remembering it increase. Memory often comes along for free with a solid understanding.
- 2. Make connections.** Memory is based on connections -- one idea cues you to remember another idea. When you study you must actively make links between ideas, and the more meaningful the link, the better. Thus, thinking about *why* Lincoln made a particular decision will cue you to remember that decision.
- 3. Make outlines and organize concepts.** Making an outline, and putting concepts into categories of related ideas helps you understand, gives you interconnections, makes the set of material less overwhelming, and makes remembering much easier.
- 4. Do one thing at a time.** Devote your whole mind to your study task. If half your attention is on the studying, and the other half is on Facebook you are working against yourself. Research shows that distractions impair memory for material you are studying. Research also shows that people do tasks less quickly and less accurately when they are doing more than one task at a time.
- 5. Space out your studying of a particular set of material.** For example, if you plan to spend six hours studying the events leading up to the civil war, space that time out across three occasions, rather than studying all at once for six hours. One reason that spaced studying is helpful is that on each new occasion you think about the material in a new way; you think about the material from a new perspective. These different perspectives create different connections to the material, which in turn give you more cues for remembering the material later. Related to this: **Take breaks** – refresh yourself and you will be more focused and efficient when you come back.

- 6. Test yourself.** For example, write key concepts on flash cards, and then with the book and notes closed make yourself define the concepts. Or give yourself possible essay questions to answer, for example, a question that requires you to explain an idea or process. Testing yourself has many benefits:
- Testing yourself tells you** what you don't remember or don't understand. It is better to find this out before a test than at the test.
 - Testing yourself forces you** to work out your understanding of concepts in your own words. This enhances your understanding and helps memory. You are creating more cues. Also, research shows that people have better memory for information they generate on their own, than information they read passively.
 - Testing yourself involves the right kind of repetition.** Repeatedly looking over material does very little to help memory. But repeatedly *recalling* information from your long-term memory increases your ability to recall the information again. I still remember the phone number of a childhood friend who I haven't called since I was 13. I dialed that phone number from memory so many times I will never forget it.

We Learn By Doing: Learning ideas is the same as learning a physical activity, such as a dance step or a sport. You can't just watch the activity. You have to practice doing it, and you have to practice it with your full attention (most coaches won't let their players text or listen to iPods during practice!). In the same way, you can't just passively look over material in a book or in your notes. You have to practice doing something with those ideas.

We Learn All the Time without Realizing It: Think about all the things you remember that you made little or no attempt to "memorize", e.g. a fun game you played, an interesting movie, a stressful experience, or how to do a task. You remember these things because you were engaged, you were interested, you made connections, you thought about the experience, or you worked out your understanding.

Tutoring- PASS Program

The PASS program (Psychology Academic Support Service) is a new free program designed to assist students enrolled in psychology courses that may be struggling or just need some extra assistance. The program, which is located in Research Room 1 of the Cammack building basement, will have both open drop in hours for tutoring, as well as tutoring by appointment and virtual tutoring services. There are several psychology department tutors who are available to tutor in a variety of subjects, including—Intro, Research Design and Writing, Statistics, and Physiological Psychology. Hours are posted on the psychology department webpage (<http://www.psychology.eku.edu/pass-tutoring-program>), or just drop in to the tutoring lab for information about seeking tutoring this semester. You can also email at pass.psych@eku.edu.

You can also connect with the PASS Program via social media. Follow the tutors on twitter and find them on Facebook to get in touch!



@EKU_PASS



PASS

Why Should I Learn a Second Language?

Learning a second language is one of the best things a college student can do! Bilingualism is valued in a variety of fields, including mental health, social services, law, medicine and just about any career that involves working with people. Not only does knowing a second language give you a competitive edge when applying for jobs and graduate school, but it also broadens your cultural appreciation and knowledge.

Additionally, there are many proven cognitive benefits to learning a second language, including improvements in multi-tasking skills (Gold, et al., 2013) and attention (Bialystok & Craik, 2010). If you have questions or are considering learning a second language at ECU, contact Dr. Abbey Poffenberger, chair of the Department of Languages, Cultures, and Humanities (abbey.poffenberger@ecu.edu; 859-622-1105).

Here are some helpful academic resources for students interested in the benefits of learning a second language:

Bialystok, E., & Craik, F. M. (2010). Cognitive and linguistic processing in the bilingual mind. *Current Directions in Psychological Science*, 19 (1), 19-23.

Gold, B. T., Kim, C., Johnson, N. F., Kryscio, R. J., & Smith, C. D. (2013). Lifelong bilingualism maintains neural efficiency for cognitive control in aging. *The Journal of Neuroscience*, 33 (2), 387-396.

Peters, M., Sawyer, C., Guzman, M., & Graziani, C. (2014). Supporting the development of Latino bilingual mental health professionals. *Journal of Hispanic Higher Education*, 13 (1), 15-31.

For more information regarding the French Language program at ECU, continue to the next page!



**Department of Languages, Cultures and Humanities:
At EKU, we teach language and the culture behind the
language to help you interact with individuals all over the
world through global competence.**

Why French?

~ French is predicted to be the most widely spoken language by 2050. 220 million people speak French all over the world and this number is predicted to reach 750 million by 2050.

~ French is an official language of the European Union, United Nations, Olympic Games, Doctors without Borders, the CFA franc and many more!

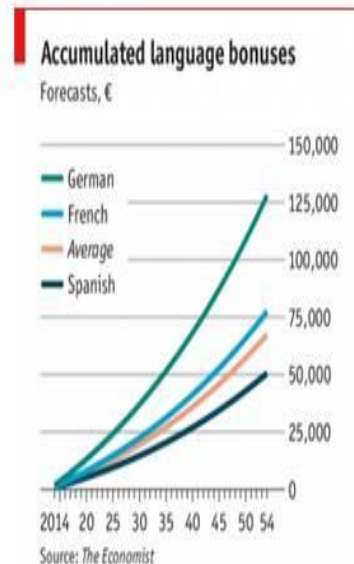
~ French is an important language for business and trade. Quebec is Kentucky's leading trade partner counting \$2.4 billion per year.

~ French is a great complement to many subjects such as Business, international affairs, globalization, public health, nursing, medicine, linguistics, history, sociology, anthropology, psychology and political science just to name a few.

~You can get retro-credits for previous course work in French!

Questions? Contact Dr. Randi Polk, French Program Advisor
Randi.polk@eku.edu

Ready, Set, Go Global! The world is waiting...



Learning languages
improves
employability, brain
function, knowledge
of self, travel options,
and much more!!

Have you considered a certificate, minor, or second major in French? For the certificate, you would take FRE 101-202, FRE 207, FCC 220, and one 300-level course.

Add two more upper-level courses (300 or 400-level) and you have the minor.

Add just four more courses and you have the major!

Preparing For The Future

DEGREES IN PSYCHOLOGY

Bachelor's Degree of Science Degree (B.S.): Undergraduate degree (4 years)

Master's Degree (M.A. or M.S.): Graduate degree (B.S. plus 2 years)

Doctor of Philosophy (Ph.D.) : Graduate degree (B.S. plus 4+ years*; or Masters degree plus 2—4 years* (depending on the school)).

Doctor of Psychology (Psy.D.) : Graduate degree (B.S. plus 4+ years*; or Masters degree plus 2—4 years* (depending on the school)).

*Note: Although Doctoral degrees can be completed in 4 years, most students take 5-6 years (or more). There is typically 3 years of course work and 1+ years to complete the dissertation.

CAREER POSSIBILITIES

Bachelor's Degree

Examples of Jobs for Students with a B.S. in Psychology:

Social Service Agencies

Child Care/Preschool Provider
 Child Care/Preschool Director
 Hospital Patient Service Representative
 Director/Associate Director of Volunteer Services
 Director/Associate Director of Social Services
 Program Manager
 Museum Management

Business

Human Resources Personnel
 Sales Representative
 Marketing Specialist
 Statistical Consultant
 Small Business Owner
 Market Analyst

Advertising Executive
 Newspaper Reporter
 Consultant
 Hotel Management
 Operations/Production/Quality Control Manager

Colleges/Universities

Admissions Counselor
 Director/Associate Director of Career Services
 Director/Associate Director of Advising
 Director/Associate Director of Alumni Relations
 Financial Aid Counselor

Government

Probation/Parole Officer
 Director/Associate Director of Parks and Recreation
 Program Development and Assessment
 Director/Associate Director of Community Relations
 Technical Writer

Churches

Director of Christian Education
 Director of Youth
 Campus Ministries Coordinator
 Minister

Public Service

Congressional Aide
 Campaign Manager/Assistant Manager

Graduate Degrees

Jobs with a Masters Degree: A Non-Terminal Masters degree will prepare you for future graduate work at the Doctorate level. A Terminal Masters degree will prepare you for either future graduate work or for a variety of professional careers.

Jobs with a Ph.D. This is a research-oriented degree. It prepares you to work in your chosen field, to conduct research, and to teach at the university level. As such, the Ph.D. is a more versatile degree than the Psy.D.

Jobs with a Psy. D. This is primarily a degree oriented toward clinical practice. Although you will conduct research, the focus of your training will be on learning therapy skills.

Suggested Courses for Specific Career Interests

Students: This is a guide to help you decide which courses will help prepare you for specific career directive goals. Unless indicated otherwise it is not essential that you take all of the courses recommended. However, consider taking these courses to fulfill your Psychology degree requirements and/or free electives.

Elective Courses for Jobs at Bachelor's level

BUSINESS

MINOR IN BUSINESS

ACC 201 Introduction to Financial Accounting (3)
 ACC 202 Introduction to Managerial Accounting (3)
 ECO 230 Principles of Economics I (3) Fulfills Gen. Ed.

Four Courses from the Following:

CCT 300 Managerial Reports (3)
 CIS 300 Management Information Systems (3)
 FIN 300 Business Finance I (3)
 GBU 204 Legal and Ethical Environments of Business (3)
 MGT 300 Principles of Management (3)
 MKT 300 Principles of Marketing (3)

PUBLIC RELATIONS

A minor in Public Relations consists of 18 hours. Here are the courses required:

COM 200 Mass Media and Society (3) Fulfills Gen. Ed.12
 COM 201 Writing and Reporting the News I (3)
 BEM 375 Writing for Electronic Media (3)
 PUB 375 Public Relations Principles (3)
 PUB 380 Public Relations Writing (3)
 PUB 475 Advanced Public Relations (3)

Additional useful courses:

PUB 340 Event Planning and Management (3)
 COM 390 Fundraising (3)

PUB 490 Public Relations Campaigns (3)

Beneficial Psychology Courses:

PSY 349 Applied Learning in Psychology Cooperative Study (1-8) (Get experience in public relations as an undergraduate)

PSY 405 Psychological Interviewing and Reporting (3)

ADVERTISING / MARKETING / JOURNALISM / DISPUTE RESOLUTION / BROADCASTING

Minor in chosen field (see Department of Communication in Undergraduate Catalog)

Beneficial Psychology Courses:

PSY 300 Social Psychology (3) Fulfills Gen. Ed. 12.

PSY 349 Applied Learning in Psychology Cooperative Study (1-8) (Get related work experience as an undergraduate)

PSY 405 Psychological Interviewing and Reporting (3)

CORRECTIONS/JUVENILE JUSTICE

The most helpful courses for psychology majors interested in corrections are bolded below. For students who have enough hours left to work with, a second major is also an excellent choice. Further information can be obtained by going to www.corrections.eku.edu.

COR 100: Orientation to Correctional and Juvenile Justice Studies (2)

COR 106: Workshop (1-6).

COR 201: **Introduction to Corrections and Juvenile Justice** (3)

COR 301: **Institutional Corrections** (3)

COR 310: Foundations of Correctional and Juvenile Justice Practice (3)

COR 311: **The Juvenile Justice System** (3)

COR 315: **Legal and Ethical Issues in Corrections and Juvenile Justice** (3)

COR 320: Youth Work Practice (3)

COR 321: **Juvenile Corrections** (3)

COR 330: **Community Corrections** (3)

COR 340: **Correctional and Juvenile Justice Administration** (3)

COR 349: Cooperative Study in Corrections and Juvenile Justice (1-6)

COR 350: **Correctional Intervention Strategies** (3)

COR 375: Applied Skills Practicum (1-3)

COR 388: Criminal Justice Research (3)

COR 400: Applied Criminal Justice Analysis (3)

COR 423: Topical Seminar (1-3)

COR 460: Independent Study (1-6)

COR 470: Delinquency and Crime Prevention (3)

COR 475: Applied Research Practicum (3)

COR 490: Senior Seminar (3)

Beneficial Psychology Courses:

PSY 308 Abnormal Psychology (3)

PSY 349 Applied Learning in Psychology: Cooperative Study (1-8) (Get experience in the corrections field as an undergraduate)

PSY 405 Psychological Interviewing and Reporting (3)

PSY 566 Forensic Psychology (3)

MENTAL HEALTH FIELD

Examples: Mental health associates, Social services

PSY 349 Applied Learning in Psychology Cooperative Study (1-8) (Get experience in the mental health field as an undergraduate)

Minor in Community Health Education. The requirements for a minor in Community Health Education are:

HEA 290 Foundations of Health Education (3)

HEA 360 Community Health Education Process (3)

HEA 416 Introduction to Public Health (3)

HEA 450 Interpretation to Health Data (3)

HEA 455 Introduction to Epidemiology (3)

HEA 580 Evaluation of Health Promotion Programs (3)

HEA 598 Health Promotion Program Planning (3)

Plus an additional 3 hours of HEA courses.

SOCIAL WORK/CASE MANAGEMENT

Psychology majors might consider the Social Welfare minor for an overview of the field of social work. If the minor is not an option these classes are recommended.

SWK 210 Introduction to Social Work (3)

SWK 358 Child Abuse and Neglect course (3)

SWK 456 Children's Services (3)

Beneficial Psychology Courses:

PSY 308 Abnormal Psychology (3)

PSY 312 Infant and Child Development (3)

PSY 314 Adolescent and Adult Development (3)

PSY 349 Applied Learning in Psychology Cooperative Study (1-8) (Get related social work experience as an undergraduate)

PSY 405 Psychological Interviewing and Reporting (3)

PSY 566 Forensic Psychology

PSY 490 Clinical Psychology (3)

TEACHING/EDUCATION

Seek advice about teaching specific populations from the College of Education

EDF 103 Introduction to Education (1)

EDF 203 Schooling and Society (3)

EDF 319 Human Development and Learning (3)

CSC 104 Computer Literacy with Software Applications (3)

OR CIS 212 Information to Computer Information Systems (3)

For Elementary Education:

LIB 301 Children's Literature and Related Materials (3)

ELE 322 Physical Education in the Elementary School (2)

ELE 361 Art in Elementary Grades P-5 (3)

ELE 362 Music Education for the Classroom Teacher (3)

ELE 365 Health Education P-5 (2)

For Special Education:

SED 104 Special Education Introduction (3)

SED 240 Communication Skills for Hearing Impaired (3) and/or ASL courses

Beneficial Psychology Courses

PSY 313 Learning (3)

PSY 317 Cognitive Psychology

PSY 349 Applied Learning in Psychology Cooperative Study (1-8) (Get teaching experience as an undergraduate)

PSY 406 Introduction to Behavior Therapy (3)

COACHING SPORT TEAMS

See Coaching Endorsement in Undergraduate catalog

Current CPR certification required by time of graduation as well as:

PHE 212 Care and Prevention of Athletic and Exercise Injuries (3)

PHE 315 Physical Fitness Concepts and Applications (3) (or)

PHE 325 Physiology of Activity (3)

PHE 383 Sports Officiating (1)

PHE 423 Psychology of Coaching (3)

+ 2 hours of coaching electives

Beneficial Psychology Course:

PSY 349: Applied Learning in Psychology Cooperative Study (1-8) Get coaching experience as undergraduate

Depending on career goals: consider minor in Recreation and Park Administration

COURSE ELECTIVES TO PREPARE FOR GRADUATE SCHOOL

SCHOOL PSYCHOLOGY

These psychology courses should be taken at the undergraduate level in preparation for graduate course work in school psychology:

PSY 300 Social Psychology (3)
 PSY 305 Psychology of Personality (3) Gen. Ed. 12
 PSY 308 Abnormal Psychology (3)
 PSY 311 Physiological Psychology (3)
 PSY 312 Infant and Child Development (3)
 PSY 314 Adolescent and Adult Development
 PSY 317 Cognitive Psychology
 PSY 349 Applied Learning in Psychology Cooperative Study (1-8) (Get related work experience as an undergraduate)
 PSY 399 Research Development Skills (3)
 PSY 419 Research Development Skills II (3)
 PSY 405 Psychological Interviewing and Reporting (3)
 PSY 406 Behavior Therapy (3)
 PSY 408 Child Psychopathology (3)
 PSY 590 Tests and Measurements (3)

A minor in special education containing the following courses is highly recommended.

SED 275 Communication Disorders (3)
 SED 341 Behavior Management (3)
 SED 351 Special Education Assessment (3)
 SED 360 Normal Speech and Language Development (3)
 SED 575 Nature and Needs of Exceptional Students (3)
 SED 578 Behavior Disorders (3)
 SED 579 Learning Disabilities (3)
 SED 590 Applied Behavior Analysis (3)

Child and Family Studies courses to consider:

CDF 132 Introduction to the Family (3)

CDF 241 Prenatal and Infant Development (3)
 CDF 247 Family Involvement with Young Children (3)
 CDF 342 Child and Adolescent Development (3)
 CDF 437 Family Resiliency (3)

SCHOOL COUNSELING

Beneficial Psychology Courses:

PSY 312 Infant and Child Development (3)
 PSY 313 Learning (3)
 PSY 314 Adolescent and Adult Development (3)
 PSY 349 Applied Learning in Psychology Cooperative Study (1-8) (Get related work experience as an undergraduate)
 PSY 399 Research Development Skills (3)
 PSY 419 Research Development Skills II (3)
 PSY 405 Psychological Interviewing and Reporting (3)

Apply to School Counseling graduate program in the Education Department
INDUSTRIAL/ORGANIZATIONAL (I-O) PSYCHOLOGY

These psychology courses should be taken at the undergraduate level in preparation for graduate course work in I-O psychology:

PSY 300 Social Psychology (3).
 PSY 311 Physiological Psychology (3)
 PSY 313 Learning (3)
 PSY 317 Cognitive Psychology (3)
 PSY 319 Psychology in the Workplace (3)
 PSY 349 Applied Learning in Psychology Cooperative Study (1-8) (Get related work experience as an undergraduate)
 PSY 399 Research Development Skills (3)
 PSY 419 Research Development Skills II (3)
 PSY 405 Psychological Interviewing and Reporting (3)
 PSY 579 History and Systems of Psychology (3)
 PSY 590 Test and Measurements (formerly PSY 302)

Additional courses recommended:

ACC 201 Introduction to Financial Accounting (3)
 ACC 202 Introduction to Managerial Accounting (3)
 CCT 101 Introduction to Business (3)
 CCT 201 Business Communications (3)
 CCT 300 Managerial Reports (3)
 ANT 120 Introduction to Cultural Anthropology (3)
 ANT 210 Non-Industrial Societies Around the World (3).

ANT 211 Industrial Societies around the World (3) Fulfills
 BIO Any biology course (3)
 CHE Any chemistry course (3)
 CIS Any Computer Information Systems course
 CIS 212 Introduction to Computer Information Systems (3).
 CIS 230 Business Applications of Microcomputers (3)
 CIS 300 Management Information Systems (3)
 CSC Any Computer Science course
 ECO 120 Economics in a world setting: Principles (3)
 ECO 130 Contemporary Economic Problems (3) .
 ECO 230 Principles of Economics I (3)
 ECO 231 Principles of Economics II (3)
 ECO 300 Managerial Economics (3)
 ECO 333 Human Resources Economics (3)
 ENG Any composition course
 GBU 201 International Business (3)
 GBU 204 Legal and Ethical Environments of Business (3)
 GBU 310 Law of contracts, Property, and Business Organizations (3)
 GBU 311 Law of Commercial Transactions (3)
 INS 370 Principle of Risk Management (3)
 MAT any course in mathematics (3)
 MGT 300 Principles of Management (3)
 MGT 320 Human Resource Management (3)
 MGT 340 Management Science (3)
 MGT 370 Operations Management (3)
 MGT 400 Organization Management (3)
 MGT 410 Labor Relations (3)
 MGT 430 International Management (3)
 MGT 440 Human Resource Development (3)
 MGT 445 Employee Recruitment and Selection (3)
 MGT 480 Organization Behavior (3)
 MKT 300 Principles of Marketing (3)
 NAT Any Natural science course
 PHY Any Physics course
 POL Any Political science course
 SOC 131 Introductory Sociology (3)
 SOC 232 Introductory Sociological Analysis (3)
 STA Any statistics course that does not overlap with PSY courses.
 Apply to I/O graduate program in the Psychology Department.

CLINICAL PSYCHOLOGY

Clinical psychology is a very diverse field and includes work with wide array of client groups (e.g., children, adults, clients with particular diagnoses) in a variety of settings (e.g., outpatient, inpatient, residential, specialized treatment facilities). This diversity makes it difficult to identify specific courses that would prepare students for graduate

school. The best advice is to work with your advisor to identify a minor (or even a second major) or courses in other departments related to your area of interest. Listed below are some courses offered by the Psychology Department that may be particularly relevant to students interested in clinical psychology regardless or specific area of interest.

These psychology courses should be taken at the undergraduate level in preparation for graduate course work in school psychology:

PSY 305 Psychology of Personality (3)
 PSY 308 Abnormal Psychology (3)
 PSY 311 Physiological Psychology (3)
 PSY 349 Applied Learning in Psychology Cooperative Study (1-8) (Get related work experience as an undergraduate)
 PSY 405 Psychological Interviewing and Reporting (3)
 PSY 406 Behavior Therapy (3)
 PSY 408 Child Psychopathology (3)
 PSY 490 Clinical Psychology (3)
 PSY 566 Forensic Psychology
 PSY 590 Tests and Measurements (3)

CLINICAL PSYCHOLOGY WITH CERTIFICATION IN DEAF STUDIES

These courses should be taken at the undergraduate level in preparation for deaf certification:

ASL 101 American Sign Language I (3)
 ASL 102 American Sign Language II (3)
 ASL 201 American Sign Language III (3)
 ASL 202 American Sign Language IV (3)
 ITP 115 Heritage and Culture of the Deaf (3)
 SED 337 Education of the Deaf and Hard of Hearing (3)
 PSY 349 Applied Learning in Psychology Cooperative Study (1-8) (Get related work experience as an undergraduate)
 PSY 399 Research Development Skills (3)
 PSY 419 Research Development Skills (3)
 PSY 497 Topics in Psychology: As pertaining to deafness and mental health (3)

Apply to Clinical Psychology graduate program in the Psychology Department;
 Complete extra forms for Deaf Studies.

Other Professional Graduate Degrees

For each professional program there are specific recommended courses that are listed in the undergraduate catalog. Additionally, there are advisors who can help you make good decisions at the undergraduate level to increase your chances of being accepted into the professional program of your choice.

All Pre-Professional Careers

PSY 349: (Co-op) Get related work experience as undergraduate

(Consult with the following for advising)

Pre-Medical Careers

Christina Ruhfel, College of STEM – jennifer.miller@eku.edu

Pre-Law

Dan Royalty, College of Letters, Arts, and Social Sciences – dan.royalty@eku.edu

Pre-Physical Therapy / Physician Assistant / Dental Hygiene / Other Health Careers

Christina Ruhfel, College of STEM – jennifer.miller@eku.edu

Dr. Matthew Sabin, Exercise & Sport Sciences – matthew.sabin@eku.edu

Pre-Pharmacy

Christina Ruhfel, College of Science – jennifer.miller@eku.edu

EXPLORING CAREER DIRECTIONS

PSY 258 is a 3-credit course that is designed to help you prepare for your future career. The purposes of this course are: 1) to inform undergraduate psychology majors of the different job options available to them following graduation, 2) to educate undergraduates on the requirements for graduate school admittance, and 3) to educate undergraduates on the mechanics of interviewing for and obtaining a job following graduation. Take PSY 258 in the **fall of your junior year, OR during your first semester as a psychology major if you transferred from another school and/or changed your major to Psychology after taking an orientation course in another field.**

Office of Advising and Career Services (Whitlock 468: 622-1296) can help you decide on career goals, create a resume, prepare for job interviews, and find job opportunities.

Co-op (PSY 349). Co-op is an upper-division course in which students work in job placements related to their career goals. Co-op placements allow you to explore various career directions, gain work experience, enhance your resume and enhance graduate school applications.

Information about Co-op

A job counselor is available to help students find appropriate placements. Students can earn 1 college credit for every 80 hours of work. Students can register for 1—8 hours of credit per semester and up to 16 total credits while at ECU. The first 3 credits may be applied toward the Psychology degree as a PSY elective; additional credits count as upper division free electives (not psychology electives)

Benefits of Co-op

Working in a co-op position provides students with opportunities to explore various career directions, build skills for future academic or work goals, and enhance resume and application to graduate school. Additionally, most students are paid for their work in a co-op placement. However, volunteer work is often accepted, and hours from multiple work placements can be summed.

Eligibility for Co-op

- GPA 2.0 or higher and at least 15 credits of Psychology courses
- Transfer students: at least 2nd semester at ECU

To Get Started

See Dr. Theresa Botts, Cammack 233, 622-2318; Theresa.botts@ecu.edu

Sample Job Placements (*not a complete list*)

- Research assistant
- Pre-trial services officer; judicial affairs assistant
- Mental Health Associate at various institutions for mentally ill adults/children
- Individual and group work with children/youth with various problems
- Substitute teaching; work in school system in various other capacities
- Human resource/managerial positions in a variety of types of organizations
- Academic tutors/mentors (for all ages)
- Nonprofit organizations where psychology skills are utilized (*Examples: Big Brother/Sister; Hospice; Crisis Hotlines; YMCA*)
- Job counselor

*Always try to get employment (including any part-time and summer work) that is related to your career goals.

GRADUATE SCHOOL

General Information: What do Graduate Admissions Committees Look For?

GPA. At least 3.0 (*especially last 2 years of undergraduate degree*)

GRE. General test for most programs; Subject test for most Doctoral program (*required scores vary by school*)

Letters of Recommendation. Typically 3 letters from faculty are required. Letters from work supervisors can be helpful but should be in addition to the 3 letters from faculty.

Job/Volunteer Experience. Experience in appropriate area will enhance your application. *Co-op is one way to get such experience.*

Research Experience. PSY 399 and 419 and/or research with faculty person

Conference Presentation. Presentation of research at conference will enhance your application.

Four Year Plan for Getting into Graduate School

Freshman Year

1. Take courses to explore various career interests. Begin to narrow down your list of possible careers. See *Exploring Various Career Directions* above.
2. Join Psychology Club
3. Talk with faculty and other Psychology majors about interests
4. Participate in several psychology studies to learn about research and to help you identify your interests.
5. Keep your Introductory Psychology textbook. You will need it to study for the GRE subject test and/or exams in graduate school.
6. Create an outline of the courses you plan to take for the remainder of your undergraduate career. Your advisor can help you with this plan.

Sophomore Year

1. Decide on 2—3 career options and focus your course work on these choices
2. Join Psi Chi (*academic honors organization for psychology*)

3. Take PSY 340W in the fall. Also consider taking PSY 258.
4. Take PSY 440 in the spring
5. Begin Co-op experiences
6. Develop research relationship with a faculty person **See Research Opportunities*
7. Consider a minor.
8. Start a file. Keep notes of accomplishments for your future resume/vitae. *Include: papers on which you earned good grades, work/volunteer experiences, research experiences, activities in class that build job-related skills.*

Junior Year

1. Take PSY 399 in the fall and 419 in the spring
2. Continue research relationship with faculty member
3. Continue Co-op experiences
4. Join a professional organization as a student affiliate (e.g., APA, APS, SEPA)
5. Seek out information on various graduate programs (APA Guide to Graduate Study)
6. Ask faculty for letters of recommendation (usually 3)
7. Study for the GRE. ENR 201 (Vocabulary Development) I and MAT 107 are good preparation for the GRE (*See information below*).

Summer between Junior and Senior Year

1. Gather information and applications from prospective graduate programs. Learn about the faculty at the schools and what types of jobs their students are trained for. Call or e-mail Program Chairs for additional information about each program.
2. Decide to which schools you want to apply.
3. If you are considering a Doctoral program, contact a faculty person with whom you are interested in working. Consider visiting the school.
4. Continue to study for the GRE.
5. Talk to advisor or faculty mentor about presenting research at conference

6. Take the GRE General test late in the summer.

Senior Year: FALL

1. Present research at conference
2. Create drafts of your vitae and personal statement. *Ask faculty for feedback*
3. Check transcript for errors
4. Apply for graduation.
5. Create a packet of materials to give to faculty who have agreed to write letters of recommendation for you. Give to faculty by late November (or earlier).
6. Complete applications for graduate programs
7. Give materials for letters of recommendations to faculty persons
8. If needed: Take the GRE Subject Test.

Senior Year: SPRING

1. Send applications to graduate programs well before the deadline date. Check several weeks prior to each deadline to determine if your file is complete at each school. If not complete, remedy the problem and re-check until file is complete.
2. Present your research at the annual Undergraduate Presentation Showcase (UPS) Showcase at ECU each April. (contact Dr. Jon Gore: jonathan.gore@ecu.edu)

Information about the GRE (Graduate Record Exam)

General Information

The GRE has (a) general test and (b) the psychology subject test. Most graduate programs require the general test. Some Doctoral programs require the subject test (and the general test). Talk with your advisor about preparing for the GRE as early as possible (your Freshman year is not too soon).

How to study for the GRE

- A. Take courses as part of General Ed or electives.
ENG 101, 102, + extra writing courses, MAT 112 or higher, PHI 100, ENR 201
(Vocabulary Development)
- B. Buy study guides
- C. Use on-line study guide (CD): available in most bookstores
- D. Use on-line study guide on GRE website (*www.gre.org*)
- E. *Optional*: Pay for GRE prep courses offered on campus

Research Opportunities at ECU

- PSY 399 Research Development Skills
- PSY 419 Research Development Skills II
- PSY 402 Independent Work in Psychology (with a faculty supervisor)
- PSY 503 Practicum in Psychology (assist with a faculty research project)
- PSY 349 (Co-op; seek work experiences involving research)
- OTHER: Volunteer to work with faculty person who is conducting research

EKU Psychology Graduate Programs

There are 4 graduate programs of study in psychology at ECU. These programs include: Industrial/Organizational Psychology (M.S.), General Psychology (M.S.), and Clinical Psychology (Psy.D).

Industrial-Organizational Psychology M.S. Program

1. I am interested in understanding how people behave at work.
2. I'd like to understand how tests are created.
3. I wish I had a better understanding of how to motivate people.
4. I believe it's important to understand what makes a organization successful.
5. I'd like to know how to interpret the statistics that I see in the media.

If you agree with these statements, Industrial-Organizational (I-O) Psychology may be the career path for you.

Most individuals spend a great deal of their lives working. I-O Psychologists generate and apply research that improves the well-being and performance of people and the organizations that employ them. I-O psychology lies at the cross-roads between psychology and business. I-O psychologists teach organizations how to maximize their human capital and provide organizations with a strategic advantage in the war for talent through the science and practices of staffing, workforce development and motivation, and organizational design.

Applying psychology to help individuals have more satisfying work lives is a fulfilling career. The People Make the Place! Graduates of the I-O Psychology Program at ECU are trained to work in various settings and jobs for improving an organization's effectiveness, to conduct research and be sophisticated consumers of research, and to pursue doctoral level training.

Our two-year Master's program follows the scientist-practitioner model, meaning your classroom learning will be accompanied by applied experiences throughout your training. Many of your courses will include applied projects. During your second year in the program, you will enroll in the Practicum course, where you will work directly with a client to complete projects such as job analyses, employee surveys, and test development, among others. You may also have the opportunity to work under faculty supervision in our Center for Applied Psychology and Workforce Development (CAPP), which is a training, research, and service agency that provides a high-quality, affordable, evidence-based consulting services to clients.

Another unique aspect of our program is a focus on professional development. Each semester you will provide self and peer evaluations, in addition to receiving feedback

from faculty regarding your professional development. You will also create an Individual Development Plan to help ensure you make the most of your time in the program, in addition to engaging in other career preparation activities such as mock interviews and resume/professional web-site development.

The program prepares graduates to work in a variety of settings, including:

- human resource management
- employee recruitment, selection, and testing
- training and development
- performance appraisal and performance management
- organizational development, change management
- job design and evaluation

Recent alumni of our program are employed at organizations such as:

- Bluegrass Community and Technical College
- Brown-Forman
- Catholic Health Initiatives
- CEB
- Eastern Kentucky University
- KellyOCG
- KentuckyOne Health
- Mansfield Oil Company
- Mercer
- Olympic Steel
- Select International
- Toyota Motor Engineering and Manufacturing
- University of Kansas
- U.S. Department of State

The median starting salary of a master's level I-O practitioner is \$60,000 (2012 SIOP Salary Survey), and the Bureau of Labor Statistics recently identified I-O Psychology as THE fastest growing occupation in the U.S. (<http://www.bls.gov/ooh/fastest-growing.htm>)

Our Program at a Glance

Format: This program is offered entirely online.

Credit Hours: 36

Faculty: 3 core I-O faculty, 3 active supporting faculty

Thesis: Optional

Practicum: Required

Internship: Encouraged

Why I-O at EKU?

- Numerous opportunities to work closely with faculty members on applied and research projects
- Small cohort and class sizes
- Opportunities to consult with faculty through the Center for Applied Psychology and Workforce Development (CAPP)
- A focus on, and opportunities for, professional development
- High graduate placement rate

For more information visit: <http://psychology.eku.edu/industrial-organizational-psychology-program>

And “Like” us on Facebook: <https://www.facebook.com/EKUIOPsychology>

General Psychology M.S. Program

The General Psychology Master’s Degree Program at EKU was designed to assist students in developing their knowledge and application of Psychology. Students receive advanced training in the core areas of psychology, and the opportunity to develop and explore specialized areas of interest. The core areas of Psychology include neuropsychology, cognitive psychology, social and cultural psychology, abnormal psychology, personality, developmental psychology, and research methods and statistics. The focus is on exploration of general Psychological principles in experimentation and other research, rather using these Psychological principles in applied settings such as industry, schools, or clinician's offices. Although students can study topics relevant to applied areas of Psychology, the focus is on basic research--learning to understand the phenomenon, rather than learning how to apply psychological principles to applied settings. Students must also take some courses outside the core areas to complete the major; options include tests and measurements, history of Psychology, and special topics courses. Students interested in Comparative Psychology may

take courses in Biology, and those interested in History of Psychology may take courses in History.

Students must complete a thesis concerning some basic research in Psychology, which includes historical work. The thesis will be completed by working closely with a faculty mentor to design an individualized course of study that combines classroom training and hands-on research experience. The student is expected to become an expert in his or her field of study, and this expertise will be evident in their thesis work. Graduates will have a solid foundation for pursuing doctoral-level training in Psychology. They will also have research training to do work for industries or universities.

M.S. Psychology – Applied Behavior Analysis Program

Applied Behavior Analysis is a rising field in therapy and clinical psychology. Known as ABA therapy, the practices of this treatment are applicable to various demographics and diagnoses, though you have probably typically heard ABA therapy used in reference with autism. Rooted in established, evidence-based practices and principles, our comprehensive program prepares graduates to pursue rewarding careers in the rapidly growing field of applied behavior analysis. Graduates are prepared to work in school, residential, or community-based settings and with different populations including, children, adults and seniors. This program offers research opportunities, free online tutoring and career services assistance, and a personalized graduation plan. This program meets the educational requirements for students who wish to pursue a career as a Board-Certified Behavior Analyst (BCBA). Graduates who have completed supervised experience requirements are qualified to sit for the BCBA exam and, upon passing, are eligible to pursue independent practice and insurance reimbursement for services provided.

Our Program at a Glance

Format: This program is entirely online.

Credit Hours: 36

Terms: 8-week accelerated

Testing Admissions: GRE waived for students with a 3.0 undergraduate GPA

Career Options: Behavior analyst, board certified behavior analyst (BCBA), senior therapist, parent educator, behavior consultant, educational consultant, organizational consultant, behavior specialist, behavior coach, ABA therapist

This program meets the educational requirements for pursuing certification as a Board-Certified Behavior Analyst (BCBA). In addition to their educational requirements, graduates of this program will need to pass an exam, complete supervised experience requirements, and complete an application process to become certified. Passing the BCBA exam provides eligibility to pursue independent practice and insurance reimbursement for services provided.

Visit the Behavior Analyst Certification Board website at <https://www.bacb.com> for up to date details concerning the BCBA process.

Likewise, the Applied Behavior Analysis is a concentration designed to accommodate those currently holding a Master's degree in any area. EKU offers a **21-hour ABA graduate certificate** following the same online format as listed.

Psy.D. Clinical Program

The Psy.D. program at EKU includes 120 credit-hours of course work in the theory and practice of psychology, extensive practicum experience, and a year-long full-time clinical internship. Our program includes a particular focus on preparing practitioners to work in rural communities. The curriculum provides opportunities for specialized training in:

- Substance abuse
- Mental health administration
- School-based mental health
- Working with traditionally underserved populations, including veterans and their families, adults and children with developmental disabilities, and individuals who are deaf or hard of hearing
- Forensic/correctional psychology
- Assessment and management of suicidal behavior
- Applied behavior analysis

About the Psy.D.

The Doctor of Psychology degree (Psy.D.) is an applied doctoral degree designed to prepare clinical psychology practitioners. It is based on a training model for professional psychologists emphasizing clinical practice. The rationale for establishing the Psy.D. degree in

the late 1960s was that “Psychological knowledge...had matured enough to warrant creation of explicitly professional programs along the lines of professional programs in medicine, dentistry, and law” *Norcross et al. (2014)*. Thus, the model was established to complement, rather than compete with, the Ph.D. degree.

All 50 states license practitioners holding either the Ph.D. or Psy.D. degrees and the major accrediting body for clinical psychology programs, the American Psychological Association (APA), accredits both types of programs.

Reasons to Major in Psychology

1. Psychology is an exciting and relevant science.

The science of psychology provides a fascinating and valuable perspective on us and our social environment. In psychology, we investigate questions about affective, cognitive, social, and behavioral processes. These investigations provide an important contribution to our understanding of human and other animal behavior.

2. Psychology prepares you for many possible job opportunities.

While completing a Psychology major, students develop many of the skills that are most important to a large variety of employers. This allows Psychology majors to “cast a wide net” when applying for jobs, and to consider a wide variety of careers, as well as, apply for a large number of jobs. This improves the psychology major’s likelihood of both finding a job and enjoying the job that he or she finds.

3. There are always jobs available for Psychology majors.

Even in the toughest of economic times, there will be employers looking for qualified job applicants. Because psychology majors acquire a variety of valuable skills, they are prepared for a wide variety of careers.

4. Many jobs for which a Psychology major would be qualified involve service in some way.

Many students become interested in psychology because they would like to “help people” by providing clinical services. However, the majority of psychology majors are not interested in completing a graduate degree. While it is true that a graduate degree is required for individuals who want to provide clinical service to clients, it is also the case that many of the jobs for which Psychology majors are qualified often involve providing “service” to others. For example, the Human Resources employee at a company facilitates the distribution of benefits to employees, while the Associate Director of Residence Life at a University helps to settle disputes between residents of the same floor in a dorm.

5. The skills and knowledge you learn in Psychology are broadly applicable to many facets of adult life.

In addition to promoting the development of skills wanted by employers, the skills and knowledge that the psychology major develops will apply to other aspects of adult life. For example, the knowledge learned in Developmental Psychology can improve parenting skills. The listening skills learned in an Interviewing class can improve interactions with others. The

planning and implementation skills learned by serving as the Psychology Club President can help with travel planning or volunteer work.

6. Psychology Teaches Skills That Employers Want:

- Writing
- Oral Communication
- Reading Comprehension
- Attentive Listening
- Interpersonal
- Understanding of Human Behavior
- Statistical/Research
- Computer Skills
- Critical Thinking
- Organization
- Team Work
- Stress Awareness/Management
- Personal Responsibility
- Ethics and Values
- Flexibility/Adaptability to Change
- Motivation/Work Ethic
- Willingness to Learn
- Ability to Suggest Solutions

7. Psychology is fun!

Students are more likely to be successful in college if they enjoy their course work, and psychology is a most enjoyable field to study

Undergraduate Psychology Course Descriptions (PSY)

PSY 200 Introduction to Psychology. (3) I, II. Prerequisite: completion of developmental reading requirement. A survey of the major content areas and methods of psychology, including history, biological correlates, cognition, language, intelligence, motivation, emotion, development, personality, abnormal, therapy, and social behavior. Credit will not be awarded for both PSY 200 and 200W. Gen. Ed. E-5B [SB].

PSY 200W Introduction to Psychology: Writing Intensive. (3) I, II. Prerequisites: ENG 102 or 105 (B) or HON 102, and completion of developmental reading requirement. A writing intensive survey of the major content areas and methods of psychology, including history, biological correlates, cognition, language, intelligence, motivation, emotion, development, personality, abnormal, therapy, and social behavior. Credit will not be awarded for both PSY 200 and 200W. Gen. Ed. E-5B [SB].

PSY 240 Scientific Literacy in Psychology. (3) Formerly PSY 250. Prerequisite: PSY 200 or 200W. A course that will help you learn the importance of the scientific approach to understanding the world. You will learn to spot and avoid using fake science that is so common in our world (especially online), evaluate sources of information, read scientific journal articles (the best source of scientific information), and communicate effectively with various audiences. All of this will be accomplished in the context of psychological findings in areas like cyberbullying, happiness, meditation, social media, and video games.

PSY 258 Career Development in Psychology. (3) A. Pre or Corequisite: PSY 240 or PSY 240W. Will acquaint psychology majors with career opportunities, and help students recognize and build the skills needed for their desired career field. Credit will not be awarded for both PSY 258 and PSY 358.

PSY 280 Lifespan Developmental Psych. (3) I, II. Prerequisite: PSY 200. A survey of theory and research in developmental psychology across the entire life span. May not be applied to the Psychology major. Credit will not be awarded for both PSY 280 and 280W. Gen. Ed. E-5B [SB].

PSY 280W Life Span Developmental Psychology: Writing Intensive. (3) I, II. Prerequisites: PSY 200; ENG 102 or ENG 105 (B) or HON 102. A writing-intensive survey of theory and research in developmental psychology across the entire life span. May not be applied to the Psychology major. Credit will not be awarded for both PSY 280 and 280W. Gen. Ed. E-5B [SB].

PSY 300 Social Psychology. 3 (A). Prerequisites: PSY 240 and ENG 102 or ENG 105 (B) or HON 102. A study of the power of situations and the social environment to affect human behavior. Topics include: attitudes, persuasion, prejudice, discrimination, group behavior, interpersonal attraction, aggression and prosocial behavior. Credit will not be awarded for both PSY 300 and PSY 300W.

PSY 300W Social Psychology. 3 (A). Prerequisites: PSY 240 and ENG 102 or ENG 105 (B) or HON 102. Writing intensive study of the power of situations and the social environment to affect human behavior. Topics include: attitudes, persuasion, prejudice, discrimination, group

behavior, interpersonal attraction, aggression and prosocial behavior. Credit will not be awarded for both PSY 300W and PSY 300.

PSY 305 Psychology of Personality. (3) A. Prerequisites: PSY 200 and ENG 102 or ENG 105 (B) or HON 102 and CMS 100 or CMS 210. Basic approaches to the study of personality. Theories and research about how personality affects behavior and life outcomes.

PSY 308 Abnormal Psychology. (3) A. Prerequisites: PSY 200 and ENG 102 or ENG 105 (B) or HON 102. Descriptive study of the nature, course, classification and prevalence of abnormal behavior, with attention to intellectual, personality, cognitive, sensory and motor functions.

PSY 311 Physiological Psychology. (3) A. Prerequisites: PSY 240 and ENG 102 or ENG 105(B) or HON 102. Facts, concepts, and principles regarding physiological events that underlie behavior. Attention to contemporary research methods and problems undergoing study.

PSY 312 Infant and Child Development. (3) A. Prerequisites: PSY 200, and ENG 102 or ENG 105(B) or HON 102. Theoretical and empirical approaches to the development of the infant and child with attention to perceptual, behavioral, social, and cognitive development and the capacity for learning.

PSY 314 Adolescent and Adult Development. (3) A. Prerequisites: PSY 200, and ENG 102 or ENG 105(B) or HON 102. Survey of biological, psychological, social, cognitive, and historical influences on adolescent and adult development.

PSY 315 Sensation and Perception. (3) A. Prerequisites: PSY 240, and ENG 102 or ENG 105(B) or HON 102. Experimental study of sensation and perception, the sensory and cognitive processes by which we come to know our world. Credit will not be awarded for both PSY 315 and PSY 315L.

PSY 315L Sensation and Perception with Lab. (4) A. Prerequisites: PSY 240, and ENG 102 or ENG 105(B) or HON 102. Experimental study of sensation and perception, the sensory and cognitive processes by which we come to know our world. 3 Lec/2 Lab. Credit will not be awarded for both PSY 315 and 315L.

PSY 316 Aging and Senescence. (3) A. Prerequisites: PSY 200, and ENG 102 or ENG 105(B) or HON 102. Theory and facts about aging changes in sensory processes, intellect, memory, personality, family and psychopathology.

PSY 317 Cognitive Psychology. (3) A. Prerequisite or Corequisite: PSY 340W. Theoretical and empirical approaches to human cognition. Topics include knowledge acquisition and organization, memory, language, problem solving, and thinking skills. Credit will not be awarded for both PSY 317 and 317L.

PSY 317L Cognitive Psychology with Lab. (4) A. Prerequisite or Corequisite: PSY 340W. Theoretical and empirical approaches to human cognition. Topics include knowledge acquisition and organization, memory, language, problem solving, and thinking skills. 3 Lec/2 Lab. Credit will not be awarded for both PSY 317 and 317L.

PSY 318 Introduction to School Psychology. (3) A. Prerequisites: PSY 240; ENG 102, ENG 105(B), or HON 102; CMS 100, 210; or EES 250. Introduction to the field of School Psychology. Topics include developmental disabilities, mental health diagnoses, assessment, consultation, direct intervention, history of school psychology, and professional considerations.

PSY 319 Psychology of Work (3) A. Prerequisites: PSY 240, and ENG 102 or ENG 105 (B) or HON 102, and CMS 100 or CMS 210. Application of psychological theories and procedures to the world of work. Topics include personnel policies and administration, performance management, organizational theory, behavior and development, occupational health, and leadership. Credit will not be awarded for both PSY 319 and 319S.

PSY 319S Psychology of Work (3) A. Prerequisites: PSY 240, and ENG 102 or ENG 105(B) or HON 102, and CMS 100 or CMS 210. Application of psychological theories and procedures to the world of work. Topics include personnel policies and administration, performance management, organizational theory, behavior and development, occupational health, and leadership. Service learning is included in course. Credit will not be awarded for both PSY 319 and 319S.

PSY 320 Health Psychology. (3) I, II. Formerly PSY 410. Prerequisites: PSY 240, and ENG 102 or ENG 105 (B) or HON 102. Theoretical and research perspectives on the relationship between psychological factors and health. Emphasis on utilizing psychological principles and methodology to understand and change illness and health behaviors. Credit will not be awarded for both PSY 320 and PSY 410.

PSY 321 Psychological Perspectives of Parenting and Child Care. (3) A. Prerequisites: PSY 200 and PSY 312. A survey of major psychological theories related to parenting and child care. Topics include attachment, development, behavior, temperament, and parenting styles.

PSY 322 Cognitive Development (3) A. Formerly PSY 530. Prerequisite: PSY 240, or departmental approval. Overview of how individuals become intelligent through the acquisition of knowledge, learning to reason, think, and engage in abstract thought. Credit will not be awarded to students who have credit for PSY 530.

PSY 330 ABA Assessment and Measurement. (3) A. Prerequisites: PSY 240; ENG 102, 105 (B), or HON 102; and CMS 100 or 210. An introduction to assessment and measurement in behavior analysis.

PSY 333 Comparative Psychology. (3) A. Prerequisites: PSY 240, and ENG 102 or ENG 105 (B) or HON 102. A survey of theory and research in the psychology of animals. Topics include history of scientific studies, learning, memory, representation, intelligence, knowledge, innovation, culture, communication, development, emotion, social skill, consciousness, and theory of mind.

PSY 337 Introduction to Psychiatric Rehabilitation. (3) A. Prerequisite: PSY 308. Introduces students to the background and supporting research behind psychiatric rehabilitation, as well as the field's underlying values and principles.

PSY 340W Research Methods. (3) Formerly PSY 309W. Prerequisites: MAT 105(C) or MAT 106(C) or any MAT course above 106; and PSY 240; and ENG 102 or ENG 105(B) or HON 102.

Writing-intensive course that will teach you the “ins and outs” of research, making you a savvy consumer of scientific findings. In this course, you will be given a toolkit to analyze false scientific claims in the media and refute incredulous claims from advertisers. The skills that you gain from this course will be translatable to a variety of situations and career choices, even those that are not immediately related to the field of psychology.

PSY 349 Applied Learning in Psychology. (.5-8) A. Prerequisites: PSY 258 and departmental approval. Work in placements related to academic studies. A minimum of 80 hours employment required for each semester hour credit. Three hours may be applied toward the major, not applicable toward a minor. Course may be repeated for up to 16 credits total. Graded Satisfactory/Unsatisfactory.

PSY 349 Cooperative Study: Psychology. (.5-8) A. Prerequisites: PSY 240 and departmental approval. Work in placements related to academic studies. A minimum of 80 hours employment required for each semester hour credit. Three hours may be applied toward the major, not applicable toward a minor. Graded Satisfactory-Unsatisfactory.

PSY 350 Animal Enrichment. (3) A. Cross-listed as ANS 350. Prerequisite: ANS 200 or PSY 200. Covers the concept and practice of animal enrichment. Students will learn about the theoretical and applied aspects of enrichment and will acquire experience designing and implementing enrichment. Credit will not be awarded to students who have credit for ANS 350.

PSY 377 Psychology of Adoption (3) A. Prerequisites: PSY 308; PSY 312, 280, or 280W. A survey of developmental, familial, cultural, and psychological factors in the adoption experience.

PSY 392 Environmental Psychology. (3) I, II. Formerly PSY 404. Prerequisites: PSY 200, and ENG 102 or ENG 105 (B) or HON 102. Study of ways in which people influence the environment and are influenced by it. Issues include discussion of both the natural and built environment. Credit will not be awarded for both PSY 404 and PSY 392.

PSY 397 Topics in Psychology: _____. (3) A. Prerequisites: PSY 240, and ENG 102 or ENG 105 (B) or HON 102, Selected topics for study. Variable topics across semesters in terms of student interest and available faculty. May be retaken for a maximum of 12 credits, provided the subject matter differs each time.

PSY 399 Research Development Skills. (3) I, II. Prerequisites: ENG 102, ENG 105(B), or HON 102; 340W(B), and departmental approval. Prerequisite or Corequisite: PSY 440(C). Advanced development of research skills including generating hypotheses and designing the appropriate methodology to test them. Students will also write a faculty-supervised research proposal, with the purpose of completing the research project in PSY 419.

PSY 400 Senior Seminar: _____. (3) A. Prerequisite or corequisite: PSY 440, or departmental approval. The senior seminar examines contemporary psychological issues from each of the five sub-disciplines of Psychology. Issues vary from semester to semester. May be retaken once, provided the subject matter differs each time.

PSY 405 Intro to Interviewing/Therapy. (3) A. Prerequisites: PSY 240 and 308. Introduction to the basic concepts and skills of interviewing and therapeutic communication in the mental health field.

PSY 406 Intro to Behavior Therapy. (3) departmental approval. Hands-on workshop for students ___. **(3) A.** Prerequisites: PSY 240, and PSY 308, and ENG 102 or ENG 105 (B) or HON 102. Principles and techniques of applying behavioral principles in the analysis of complex human behavior. Emphasis is placed on methods of observing behavior and analyzing functional relationships between behavior and environment.

PSY 408 Child Psychopathology. (3) A. Prerequisites: PSY 240, and PSY 308, and PSY 280 or PSY 312, and ENG 102 or ENG 105(B) or HON 102. Descriptive study of behavior disorders in children, with attention to symptoms or behavioral patterns, etiological influences, relevant research, theoretical underpinnings, and approaches to assessment and intervention.

PSY 409 Experiential Learning in Psychology (0) I, II. Prerequisite: departmental approval. Supervised field experience in Psychology. Only full-time students may enroll.

PSY 412 The Psychology of Art. (3) A. Prerequisites: PSY 240, and PSY 305, and PSY 308, and ENG 102 or ENG 105 (B) or HON 102, or departmental approval. Exploration of the ways in which selected psychological principles contribute to our understanding of art and the artist.

PSY 414 Political Psychology (3) A. Prerequisites: PSY 240, and PSY 300, and ENG 102 or ENG 105(B) or HON 102, and CMS 100 or CMS 210, or departmental approval. Seminar covers research that applies psychological methods and theory to politics. Areas covered include personality and politics, and the psychological perspectives of media bias, ideology, intending to pursue graduate education in the near future.

PSY 415 Multicultural Psychology. (3) A. Prerequisites: PSY 240, and PSY 300, and ENG 102 or ENG 105 (B) or HON 102, or departmental approval. Examines the value-laden nuances of mainstream psychology and its early history of promoting discrimination toward diverse groups in American society, while introducing the multicultural approach for combating the resulting “isms” (e.g. racism, genderism).

PSY 419 Research Development Skills II. (3) I, II. Prerequisites: PSY 399 and Research Proposal Approved by ECU IRB. Advanced development of data gathering, data analysis, and research presentation skills. Students will execute research developed in PSY 399, learn alternative data management and analyses techniques, prepare oral and written presentations of research. Credit will not be awarded to students who have credit for PSY 401 or 401W.

PSY 420 Psychology of Women and Gender. (3) A. Prerequisites: PSY 240, and PSY 300, and ENG 102 or ENG 105 (B) or HON 102, or departmental approval. Introduction to current and historical theories and research into the psychology of women, including gender differences and similarities.

PSY 429 Psychological Perspectives on Substance Abuse. (3) A. Prerequisite: PSY 308. Topics include an overview of current and historical models of addiction and a comparison of assessment and treatment techniques. Evidence-based practice is emphasized.

PSY 437 Psychiatric Rehabilitation Competencies. (3) A. Prerequisite: PSY 337. Builds on Introduction to Psychiatric Rehabilitation by focusing on key components of the Psychiatric Rehabilitation process. Emphasis will be placed on the development of practitioner skills and techniques.

PSY 440 Scientific Literacy in Everyday Life. (3) Formerly PSY 310. Prerequisite: PSY 340W. This course will help you learn how to apply scientific reasoning in your everyday life. Scientific reasoning is the most powerful intellectual tool that we have, but it is not always easy to see how to use it to make good decisions in your life. In this class, we will examine how scientific reasoning applies to your professional life (like preparing for an interview, negotiating a salary or networking) and your personal life (like managing relationships or engaging in self-care). Students may opt to develop a senior thesis research project (PSY 399) instead of taking this course. Please contact Dr. Jonathan Gore if you are interested in conducting a senior thesis.

PSY 458 Grad School Prep. (3) A. Prerequisite: junior or senior standing in Psychology; or departmental approval. Hands-on workshop for students intending to pursue graduate education in the near future.

PSY 476 Psychology of Trauma. (3) A. Prerequisites: ENG 101, 102(B), or HON 102; PSY 240, 308, or departmental approval. Topics include trauma and trauma-related assessment and interventions from diverse clinical perspectives. Emphasis will be on the applications of theoretical viewpoints to a variety of posttraumatic situations with a transtheoretical approach to clinical scholarship on trauma.

PSY 477 Psychology of Intellectual and Developmental Disabilities. (3) A. Prerequisites: PSY 240 or 250W, PSY 308, PSY 408, and PSY 280 or 312; or departmental approval. Survey of developmental disabilities, including causes, impacts on the individuals and their families, and intervention approaches, as well as broader topics such as education, service delivery approaches, and ethics.

PSY 490 Clinical Psychology. (3) A. Prerequisites: PSY 240, and PSY 308, and ENG 102 or ENG 105 (B) or HON 102. Survey of clinical theories, methods, and approaches.

PSY 497 Advanced Topics in Psychology: _____. (3) A. Prerequisites: PSY 240; ENG 102, ENG 105(B), or HON 102; or departmental approval. Additional prerequisites will be determined by the specific topic. Selected topics for study. Variable topics across semesters in terms of student interest and available faculty. May be retaken for a maximum of 12 hours provided the subject matter differs each time.

PSY 499 Senior Exit Course in Psychology (0). I, II. P Prerequisites: Senior standing and major in psychology. Students will complete the Senior Exit Survey and the Senior Knowledge Exam in this course.

PSY 502 Independent Work in Psychology. (1-3) I, II. Prerequisite: student must have the independent study proposal form approved by faculty supervisor and department chair prior to enrollment. Results must be presented in a formal paper. May be retaken to a maximum of six hours provided different problems are studied.

PSY 503 Practicum in Psychology. (1-3) A. Prerequisite: student must have the field experience proposal form approved by faculty supervisor and department chair prior to enrollment. Supervised field experience. May be retaken to a maximum of six hours.

PSY 510 Publishing Empirical Research. (3) A. Prerequisites: PSY 440 or equivalent, and department approval. Students must submit proposals to instructor prior to enrollment. This course will focus on analyzing, writing and submitting results of a psychological study or experiment to an undergraduate or professional journal.

PSY 513 Mind and Brain. (3) A. Prerequisites: PSY 311 (C), 313 (C), 315 (C), 317(C), or 530 (C). A bridging discipline between cognitive science and biopsychology examining neural bases of consciousness, mental processes and complex behavior. Major topics include prefrontal cortex functioning, neural networks, decision making, working memory, emotional control, and frontal disconnections. Credit will not be awarded for both PSY 513 and PSY 413.

PSY 566 Forensic Psychology (3) A. Formerly PSY 466. Prerequisites: PSY 240, 308, and 6 additional hours in PSY. Review the roles of clinical psychologists in the legal system, focusing on principles of forensic mental health assessment, procedures of civil and criminal forensic psychological assessment, expert testimony, and forensic report writing. Credit will not be awarded to students who have credit for PSY 466.

PSY 577 The Autism Spectrum. (3) A. Prerequisites: PSY 280 or PSY 312, and PSY 308, and PSY 340, or departmental approval. Introduction to assessment, diagnosis, and intervention in autism spectrum disorders across the life span. Development of skills in applied assessment and intervention.

PSY 579 History and Systems of Psychology. (3) A. Prerequisites: PSY 311 or PSY 315; PSY 317, PSY 322 or PSY 530 or PSY 333; PSY 312 or PSY 314 or PSY 316; PSY 300 or PSY 305 or PSY 308 or departmental approval; CMS 100 or CMS 210. Prerequisite or corequisite: PSY 440 or departmental approval. A survey of the history of psychology and its various schools of thought and approaches to the study of behavior and mental processes.

PSY 590 Tests and Measurements. (3) A. Prerequisites: PSY 340W or departmental approval. Study of measurement principles with application in psychology, business, industry, and government. Interpretation, use, and evaluation of measurement and job analysis methods. Reliability, validity, utility, ethical/ legal concerns are examined.

PSY 597 Advanced Topics in Psychology: __. (3) A. Prerequisite: PSY 240, and ENG 102 or ENG 105(B) or HON 102, and departmental approval. Selected topics for advanced study. Topics vary across semesters depending on student interest and available faculty. May be retaken up to 12 hours.

Frequently Asked Questions

How can I get an override to register for a class that is closed or one for which I lack the prerequisites?

To request a capacity or prerequisite override you will need to know your student ID number, the course CRN, and the exact error message you are receiving when you attempt to register. You can either submit that information using the online override request form, which can be found on our website: <http://psychology.eku.edu/override-request>. Or, you can e-mail the instructor of the course directly to request their approval. If they approve the request, they will forward their approval, via e-mail, to the department staff for processing. You can always e-mail the Administrative Coordinator, Brianna Williamson (Brianna.williamson@eku.edu) for assistance, as well.

How do I register for an independent study?

PSY 502 (Independent Work in Psychology) is where you work with a faculty person, usually collaborating on a research project. However, if a faculty person asks you to assist with his/her research project, tutor for a class or work as a teaching assistant for a class, you may receive credit in PSY 503 (Practicum in Psychology). In any case, you must first discuss the project with the faculty person with whom you will be working. After the faculty person completes the necessary paperwork the Psychology Department will give you a CRN so that you can register for the course.

How do I add a class after the add/drop deadline has passed?

You are strongly discouraged from adding a psychology course after the last add date. However, if special circumstances warrant a late add, you must first get permission to add the course from the instructor. The instructor will complete the necessary paperwork, which you must have signed by the instructor, the chair of the Department, and the Dean of the College. Getting the appropriate signatures does NOT register you for the course. After the Dean signs the paperwork, and it has been revised by the registrar, YOU must register for the course.

Who do I talk to if I'm interested in a co-op placement? Where does co-op fit into the major requirements?

First, see Dr. Steffen Wilson to discuss your interest in Co-op (PSY 349). Co-op can fulfill a requirement for your Psychology degree (as a PSY elective) and can be applied toward upper-division free electives. If you plan to attend graduate school, please note that both PSY 399/419 and Co-op may be good options for you. You should discuss your options with your advisor

How do I appeal a grade in a course?

From the ECU University Handbook for Students (available online at www.eku.edu/students/): "If a student believes that the final grade assigned in a course is unjustified, that student should consult the instructor, seeking a satisfactory explanation. If, after doing so, the student still feels that the grade is unjustified, the student may appeal the grade, in writing, to the department chair within 30 days after the beginning of the next semester (exclusive of summer sessions). "

Should I declare a second major? A minor? How?

Major and Minor changes of any kind should be initiated by completing the “Program of Study” Declaration Form. The form can be found online a (http://cjregional.eku.edu/sites/cjregional.eku.edu/files/files/major_declaration_form_program_of_study_11_11_14_1.pdf) or obtained from the Psychology or Registrar’s Offices.

The form must be signed by the Department Chair or advisor of the program you are changing to/adding.

What’s the best way to get in touch with a faculty member?.

Psychology Department faculty post a schedule of office hours outside their office doors. Each faculty member has a mailbox in the Psychology Department office. Faculty phone numbers and email addresses are listed elsewhere in this handbook.

What’s the best way to get in touch with part-time faculty members?

Part-time faculty usually keep limited office hours and are often not on campus during the day. They do have mailboxes in the Psychology Department office (Cammack 127) and email accounts. If it’s an emergency, the department administrative assistant may be able to contact the instructor by phone.

May students use the department photocopier (under what circumstances)?

The Department photocopier is for faculty/staff use only. Under special circumstances, a faculty person may give a student permission to use the photocopier. The closest photocopier for student use is in the Library.

How do I register to take the GRE?

For information on registering to take the GRE, visit www.gre.org. The GRE has undergone extensive revision in the content, scoring and administration. Check their website as soon as possible.

Where can I get help with making decisions about, and preparing for, my future?

Career Services and PSY 258 are great resources. You will find more information about both in the “Preparing For the Future” section of this handbook.

How do I find out if courses from another school will transfer to EKU?

To ensure that you receive ECU credit for courses taken elsewhere: (a) request that a copy of your transcript from the other school be sent to the ECU Records Office (SSB CPO 58). The transcript must be official and must show a final grade; (b) make an appointment with the Transfer Coordinator to discuss your transfer courses. The Transfer Coordinator is Scott Summers (Advising Office: SSB 129; 622-2276); (c) review your DegreeWorks Report with your advisor to make sure transfer courses have been applied to your degree.

When should I apply for graduate school? How do I apply?

Each school has its own deadline for receiving applications to a graduate program (typically, January - March). You should send your application several weeks before the deadline, and check with each school to ensure your materials have been received. For more information about applying to graduate school see the "Preparing for the Future" section of this handbook. Also, PSY 258 will help you prepare the appropriate materials for applications to graduate programs.

How do I contact the Psychology Department?

There are several ways to contact the department!

Visit our website (psychology.eku.edu) and submit a question. Or e-mail questions directly to our Administrative Coordinator – Brianna Williamson (Brianna.williamson@eku.edu).

521 Lancaster Ave.
127 Cammack Building
Richmond, KY 40475
Phone: 859-622-1105
Fax: 859-622-5871

Stay connected with the department on social media, too!

Facebook: ECU Psychology Department
Twitter: @EKUPsychology
Tumblr: ekupsychology
YouTube: ECU Psychology
LinkedIn: ECU Psychology Dept.

In what college is the Psychology Department?

The Psychology Department is in the College of Letters, Arts & Social Sciences (CLASS).

How do I get credit for courses taken at another school?

You may contact the Transfer Center, Whitlock Building Room 442. (859- 622-7686, ekusoto@eku.edu)

How do I apply for graduation?

1. Log on to ECU Direct
2. Click "Student Services & Financial Aid"
3. Click "Student Records"
4. Click "Apply to Graduate"

If the graduation date you want to apply for is not listed or if the information offered is incorrect, contact Megan Estes, Academic Specialist, Roark 108. 859-622-1398. Megan.estes@eku.edu

How do I register for Co-op?

Talk to Dr. Steffen Wilson (steffen.wilson@eku.edu)

Who can I ask for information about Psi Chi or Psychology Club?

Contact Dr. Adam Lawson (Adam.Lawson@eku.edu).

Who provides help with job hunting, preparing resumes, and preparing for interviews

Career Services, Whitlock building Room 465. 859-622-8649.

How do I resolve a problem involving one of my instructors?

Start by discussing the problem with the instructor. If that doesn't resolve the matter, talk with your advisor or with the department chair (Dr. Michael Chen). They will advise you about further steps to take.

Can I get my RAC number from the department administrative assistant or the department chair?

No. Your advisor is the only person who can give you your RAC number. This policy is designed to ensure that before you register you understand where you are with respect to completion of university and major requirements. It is also important that you discuss other matters with your advisor such as your success in your courses and your long-term goals.

How do I make an appointment to see an instructor or my advisor?

All faculty members (including the department chair) have a list of office hours posted outside their office door. Also, during the official Advising Periods, advisors post sign-up sheets on their door for advising appointments.

What should I do if I am interested in pursuing my Psychology degree online?

EKU is a regionally-accredited, brick-and-mortar institution that is ranked among the nation's best colleges and has been educating students for more than a century. Eastern has received numerous honors, including being named one of the best online colleges in the nation. Whether you want to advance your career or start one, you can meet your goals on your terms with the EKU Online Psychology Program.

For more information about the Online Psychology Program, visit our website (<http://psychonline.eku.edu/>). Another great resource is our Online Psychology Program Advisor, Stephanie Black (Commonwealth 1516; 859-622-8764; stephanie.black@eku.edu).

Sample Curriculum Guide For B.S. Degree In Psychology

Year 1: Freshman	Year 2: Sophomore	Year 3: Junior	Year 4: Senior
First Semester			
GSD 101 GE E-1A GE E-2 PSY 200 total hours: 15	PSY 340W PSY 312 GE E-3A GE E-5A Elective (3 hrs.) total hours: 15	PSY 258 PSY 311 PSY 349 (PSY Elective) GE E-4B Elective total hours: 15	PSY Capstone GE E-6 PSY Elective PSY 349 (PSY Elective) Elective total hours: 15
Second Semester			
PSY 240 PSY 308 GE E-1B GE E-1C GE E 4A total hours: 15	PSY 440 GE E-3B GE E-5B PSY Elective Elective total hours: 15	PSY 317 PSY 405 PSY 349 (Elective) GE E-6 Elective total hours: 15	PSY Elective PSY 349 (Elective) Elective Elective Elective total hours: 15

NOTE:

This is intended to be a sample only. For information on planning your individual schedule, refer to the Handbook for Psychology Majors and consult with your advisor. All courses are 3 credit-hours unless otherwise indicated.

ELECTIVES: Electives can include additional hours of PSY courses.

CAPSTONE: Students can use PSY 400 Senior Seminar, PSY419 Research Development Skills II, or PSY 579 History and Systems of Psychology to meet the Capstone requirement.



Psychology and the Criminal Mind

Psychology is the science of behavior and mental processes. Insights into criminal behavior can be explored from several psychological perspectives.

Clinical Psychology concerns the understanding and treatment of psychological disorders. Clinical forensic psychologists may evaluate criminal defendants for competency to stand trial, criminal responsibility or risk for future violence. Clinical and forensic psychologists have learned:

- Individuals with a psychopathic personality are at an increased risk for future violence and do not appear to benefit from psychological treatment designed to curb criminal behavior.
- Therapy is difficult with criminals since they often don't care what others think of them and are as likely to lie to therapists as to anyone else.

Social Psychology is the study of how people are influenced by the real or imagined presence of other people. Here are several findings from social psychology related to criminal behavior:

- Harsh penalties, such as the death penalty, do not deter most crimes because most crimes are not the result of rational thought.
- The debate about the influence of watching violence in the media on actual aggression exists only outside of scientific research. The evidence from research is very clear that watching violence is a contributing cause of aggression.

Cognitive Psychology, the study of how people think, includes attention, memory, problem solving and decision making. It helps us explore judgments guiding criminal behavior, as well as factors that create false memories and influence the accuracy of eyewitness testimony. Cognitive psychologists have learned:

- Witnesses' memories of events related to crimes can be distorted by the way investigators ask questions and the information about the crime they share with the witness.
- The stress created by harsh interrogation procedures can lead to false confessions (and even cause innocent suspects to believe they were involved in a crime).

Personality Psychology is the study of how internal forces influence our thoughts and behaviors. These internal forces could be traits (such as vulnerability), needs (such as affection), cognitive thoughts or experiences (success or failure). From personality research, we know:

- Children who have lots of temper tantrums have a host of negative life outcomes as adults. They are more likely to be in unstable relationships, get divorced, be passed over for promotions and experience frequent unemployment.
- People who do not experience pain as strongly as others tend to use psychoactive drugs, start smoking at younger ages and drive faster.

Developmental Psychology is the study of patterns of growth and stability that accompany the maturational process occurring from conception until death. Developmental psychologists have learned:

- Adolescents are more impulsive and sensation seeking than children and adults, and thus, can be drawn to behavior that is illegal.
- When secure, positive attachment is not established in the early years, it is more difficult to develop empathy. Without empathy, it is easier for individuals to harm other living things.



Industrial/Organizational Psychology is the application of psychology to the workplace, which concerns workplace behavior and worker well-being. Industrial/organizational psychologists have learned:

- Homicide is the second leading cause of death in the workplace. Perpetrators often feel they have not been treated fairly by the organization.
- Personality factors such as narcissism and conscientiousness, in addition to situational factors such as feelings of being treated unfairly, are predictors of deviant workplace behaviors like theft and sabotage.
- Despite some high profile ethical offenses of executives in recent years (e.g., Enron), the majority of corporate managers are not entirely self-serving.

Cultural Psychology is the study of how cultures develop and how they affect the people living in them. Cultural psychologists have found:

- Perceived inequality and social injustices can lead to criminal activity.
- Cultures set the rules for what is considered masculine behavior, which greatly affects perceptions of risk-taking and aggression.
- Terrorism is linked to cultural perceptions of religion, martyrdom and threat.



Psychology and the Skills Employers Want

What are employers looking for in potential employees? Bill Coplin's book, *10 Things Employers Want You to Learn in College*, identifies ten specific skills employers value. Read on and learn how a Psychology degree can help you become a more competitive applicant for just about any job.

Taking Responsibility

Are you self-motivated? Do you manage time well? Is your behavior ethical?

College students continually build responsibility by balancing competing demands such as:

- coursework
- personal health
- relationships
- employment
- family responsibilities

As a Psychology major, you will gain insight into different types of motivation and learn why some are healthier and more productive than others. Ethics are a key component of many Psychology courses as well.

Communicating Verbally

Do you have effective one-to-one communication skills? Can you give an engaging presentation? Employers want to know.

Your psychology studies will allow you to connect with classmates and faculty in a variety of meaningful ways. For example, many courses include making presentations that are enhanced by visual aids or presentation software.

Take advantage of opportunities outside the classroom to develop these skills, too. Join Psi Chi, the national Psychology honor society. Accept a co-op placement or

internship. Engage in a research project with a faculty member. All of these experiences will strengthen your communication skills.

Communicating in Writing

Successful employees are proficient in writing, editing, and proofreading. They have the ability to use word-processing software and manage online communication effectively, too.

Psychology students complete writing assignments of varying complexity throughout their course of study, honing their editing skills as they go.

Clear, concise Internet-based communication is also practiced, especially by online students. Everyone will benefit from the use of e-mail, discussion forums, Facebook, Twitter, LinkedIn, chats, and blogs. The ECU Psychology Department utilizes all of these communication formats to communicate and provide networking opportunities for students.

Problem Solving

Employers value the ability to identify problems, develop strategies, and implement solutions.

To be successful, you must also demonstrate adaptability, creativity, and optimism when solving problems. Critical thinking assignments in your psychology courses will challenge you to

problem solve and seek out innovative solutions. Service courses, peer tutoring, and faculty research teams are additional activities that build these skills.

Gathering Information

Many professions require you to find and evaluate information. In some cases, you may need to conduct interviews and surveys.

The ECU Psychology curriculum provides a solid foundation for research. Every student takes Information Literacy in Psychology and then further develops these skills through courses in research design and statistical analysis.

You can learn everything from how to search library holdings to how to compare the credibility of various sources.

Psychology courses also cover gathering information from individuals through interviews and surveys. Students who want to excel in this area might join a faculty member on a research project.

Working with People

Success involves building good relationships and working as part of a team, as well as teaching and learning from others.

Psychology majors demonstrate teamwork by completing group projects with their classmates.

There are additional opportunities to grow in this skill area by participating in a Co-Op, joining Psi Chi, serving as a peer tutor, completing a service course, and working on research team with a faculty member and other students.

Influencing People

Networking, leadership and management are all forms of influencing people.

Group projects and opportunities outside the classroom such as Psi Chi, co-ops and service courses allow you to take on this role.

Give additional consideration to leadership positions found elsewhere on campus and in your community, too.

Asking and Answering the Right Questions

Critical thinking involves paying attention to detail, analyzing lines of reasoning, applying theories to the real world, and evaluating ideas.

Every course in the Psychology major challenges students ask and answer key questions through critical thinking assignments. By graduation, this will be your most highly practiced skill.

Jobs for Psychology Majors

Where to start?

- There are so many different jobs available for students with a major in Psychology. The easiest way to consider them is to identify sectors of the job market that interest you. See the list on back for example job sectors and job titles.

Identified a job sector of interest? What next?

- Find out the skills needed by entry level employees in the industry. How? Review job ads placed for jobs that you would like to have once you graduate.

You know the skills. What to do now?

- Build skills wanted by employers in that industry! Your degree will get you through the door; your skills will get you a job.

How do you build skills?

- Take classes! Volunteer! Join a Student Organization!
- Skills are built by being an active and engaged student both inside and outside of the classroom.
- Co-Op is an especially powerful way to build skills that are directly related to a job, plus it can be an invaluable networking opportunity.

How does graduate school factor in? Don't I need a graduate degree to get a job with a Psychology major?

- NO! Only 25% of Psychology majors in the U.S. go to graduate school (www.nces.ed.gov), which means there are many more jobs available without a graduate degree than with a graduate degree.

How do I know if I should consider graduate school?

- You should consider graduate school if the career that interests you requires a graduate degree. Always work from career to graduate degree, and not the other way around.
- Can you answer Yes to each of these questions:
- Do you have the time and resources to commit to additional education?
- Do you have the academic credentials to be admitted (strong GPA and entrance exam scores)? Talk about this with your advisor.

See the list below for some jobs that require a graduate degree.

How can I get help in making these decisions?

- You will learn more about careers in Psychology in PSY 258-Career Development in Psychology.
- You should speak with your advisor regarding your career interests.
- You should schedule an appointment with a Career Counselor in ECU Career Services. They will work with you on careers that fit your personality and preferred life-style preferences.
- Visit all Job Fairs-even if you are not looking for a job. You can use these opportunities to learn about job, employers, and the skills that employers are seeking in their new employees.
- Review the many online resources available through the ECU Career Services website.

Example Job Sectors and Job titles:

Administration

- Group Home Coordinator, Assistant Coordinator
- Program Manager
- Social Service Director, Assistant Director

Employers: United Way Agencies, Federal Government, Local Government, Religiously-Affiliated Service Organizations

Research

- Research Assistant
- Statistical Assistant/Data Analyst
- Lab Manager

Employers: Research Labs within Universities, Private Consulting Firms, Federal Government, Military

Business

- Advertising/Marketing Specialist
- Customer Relations Specialist
- Industrial Tester
- Management Trainee
- Human Resources Specialist

- Public Information Officer
- Sales Representative

Employers: Wide Range of Business: pharmaceutical companies, computer companies, retail chains, restaurant chains, clothing companies, etc.

Colleges/Universities

- Alumni Relations
- Career Services
- Fund Raising
- Residence Life
- Student Affairs

Human/Social Services

- Child Protection Worker
- Hospital Patient Service Representative
- Probation/Parole Officer
- Youth Counselor

Employers: United Way Agencies, Federal Government, Local Government, Religiously-Affiliated Service Organizations, Hospitals, Day Care Centers

Local, State, Federal Government

- Congressional Aide
- Local and State Government Services

Employers: Federal, State, and Local Government

Example Jobs that Require Graduate Degrees for Psychology Majors:

- Licensed Clinical or Counseling Psychologist
- Licensed Clinical Social Worker/Licensed Professional Counselor
- School Psychologist
- Industrial/Organizational Psychologist
- Business/Human Resources Management
- Speech and Language Pathologist
- Physical Therapist
- Clergy/Ministerial Support Staff
- Student Affairs Personnel
- Professor/Research Scientist