



EKU Department Psychology Newsletter

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Danger Opportunity

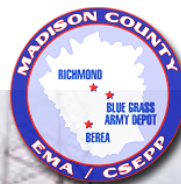
How do you get hands-on training in crisis management without finding yourself in the midst of a real crisis? That was the challenge for Dr. Teri Nowak, who teaches crisis management to the second-year school psychology graduate students.

As a certified trainer of the National Association of School Psychologists' (NASP's) PREP_aRE Crisis Curriculum, Dr. Nowak provides a condensed version to students of the training that covers prevention, preparedness, intervention, and recovery. The PREP_aRE model emphasizes that, as members of a school crisis team, school psychologists must be involved in:

- P: Preventing and preparing for psychological trauma
- R: Reaffirming physical health and perceptions of security and safety
- E: Evaluating psychological trauma risk
- P: Providing interventions
- a: and
- R: Responding to psychological needs
- E: Examining the effectiveness of crisis prevention and intervention

Learning these components is the first step, but crises are such emotionally charged situations, when in the midst of one, it is easy to forget what is learned from a book and through lecture.

To expand upon classroom learning, Dr. Nowak contacted Carl Richards, Director of the Emergency Management Agency (EMA) of Madison County, to join an annual crisis exercise. (Continue to The Next Page)



Crisis Management Training Continued

(Continued from Page 1) Having the Bluegrass Army Depot in Madison County, one of only nine active chemical depots in the country, the EMA includes the Chemical Stockpile Emergency Preparedness Program (CSEPP). They conduct a county-wide crisis exercise that involves the hospitals in Richmond and Berea; schools, and first responders (EMTs, firefighters, police) from throughout the county. The crisis exercise is serious business. Observers from the Federal



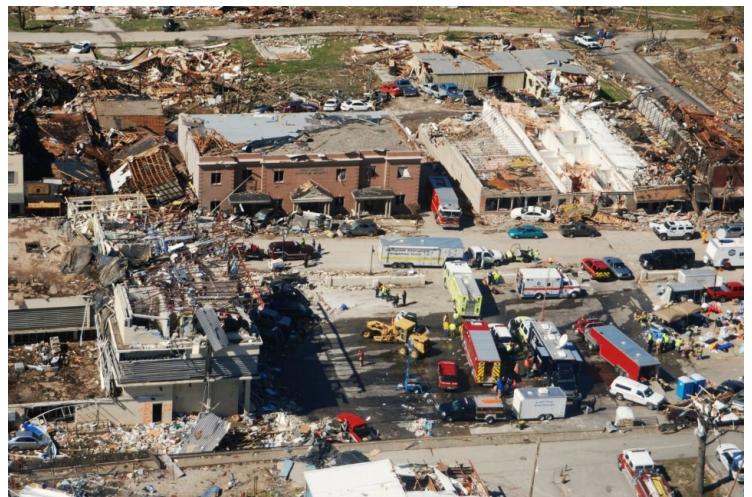
Emergency Management Agency (FEMA) travel to Kentucky to rate the organization, coordination, and performance of all of the “players.” The role that Dr.

Nowak’s students play is of victims. It is helpful to have live volunteer victims of an emergency to make it more realistic to the responders. In addition to experiencing a “crisis” from the victim perspective, students get to observe how members of the Kentucky Community Crisis Response Board (KCCRB) use techniques to conduct psychological triage, which is part of the PREPaRE model.



Student feedback on this experience has consistently been positive. They gain understanding of what happens during a crisis and the differing roles of first responders as compared to mental health providers.

The training and crisis exercise came in handy last spring when a tornado hit West Liberty, Kentucky. Dr. Nowak was on the team that met with Morgan County School District representatives in developing a plan to re-open schools. The team also worked with teachers in dealing with their trauma, and trained teachers on what to expect from their students the first few days and weeks of school. In addition, Drs. Strait and Nowak, as well as some of the school psychology students, worked with Morgan County students the first few days that schools re-opened to help them adjust.



EKU Psychology Department Inner Space Summer Camp

This past summer, the Department of Psychology at EKU hosted Camp Inner Space, a week long, residential camp for high school students interested in the field of psychology.

Working with EKU faculty members, students studied clinical psychology, neuroscience, forensic psychology, sensation and perception, cognitive psychology, developmental psychology and animal behavior. The response to the camp was overwhelmingly positive. The faculty who participated, Drs. Wygant, Lykins, Winslow, Lawson, Nowak, and Lorden, received high praise for the activities they hosted. In addition to the professors' presentations, campers went on a ghost hunt, saw a demonstration by the Kentucky Canine Search and Rescue Organization, watched movies, swam, and had a fantastic time overall.

Next year's summer camp will be held July 21st-26th and will offer a commuter component as well as a residential one, in order to meet the needs of local students. To be eligible for the camp, each student must: demonstrate academic excellence by having a GPA of 3.0 or higher; obtain a letter of reference from a teacher and submit a brief essay addressing reasons for interest in the camp. The deadline for application to Camp Inner Space is June 25, 2013. Space is limited, so early registration is strongly recommended. Inner Space Camp fees for the residential camp is \$385, which includes the cost of housing, food, materials, activities and camp gear. The commuter camp cost is \$275. Scholarships are available. For more information, contact Cheryl Ramey at cheryl.ramey@eku.edu or Dr. Robert Brubaker, Department of Psychology Chair, at robert.brubaker@eku.edu.



Dr. Hal Herzog Visits Animal Studies Class



Dr. Hal Herzog, Professor of Psychology at Western Carolina University and author of the highly regarded book, [Some We Love, Some We Eat, Some We Hate](#), came to EKU to discuss his book with Freshman students as part of the EKUReads program. While he was on campus, he stopped by to discuss human-animal interactions with students in Dr. Bob Mitchell's Introduction to Animal Studies course. After a brief presentation, Dr. Herzog answered student questions, then he spent a few minutes signing copies of his book. The Introduction to Animal Studies course is the initial course completed by students in the Animal Studies major at EKU. For more information on Animal Studies at EKU, click [here](#).

The RF Mafia



Dr. Dustin Wygant's research lab at ECU, affectionately referred to as the *RF Mafia* (in reference to the MMPI-2 Restructured Form, a test that they research), has been busy lately. The RF Mafia includes Dr. Wygant, graduate students Kathryn Applegate, Cody Ison, Will McBride, Tina Wall, Katara West, and Chris Wiggins, undergraduate students Adam Crighton and Jessica Jacobs, and recent alum Hannah Sutherland. The lab has been working on two lines of research: psychopathy and malingering. Several students from the lab traveled

to Northpoint Training Center, a medium-security prison near Danville, Kentucky to investigate the DSM-5 proposal for Antisocial Personality Disorder. Students are investigating the relationship between DSM-5 APD and psychopathic personality, using various clinical interviews, personality tests, and neurocognitive measures. Other students in the lab are working at Lexington Forensic Neuropsychiatry, performing forensic psychological/neuropsychological evaluations on disability litigants, and work with two of our graduate alumni, Marta O'Brien and Amy Frazier. Every student in the lab has submitted abstracts to present our research at next year's American Psychology Law Society (APLS) meeting in Portland, Oregon. Stay tuned for more updates in future PsyQ issues!

Forensic Mock Trial at Madison County Hall of Justice

On Thursday November 15, students from Dr. Wygant's PSY-466 (Forensic Psychology) class participated in a forensic mock trial at the Madison County Hall of Justice in downtown Richmond. The event included a re-creation of a trial from an actual murder case in which the criminal defendant pleaded insanity. Two current ECU Clinical Psychology graduate students, Kathryn Applegate and Tina Wall, offered opposing expert testimony about the defendant's claim of insanity, along with current graduate student (and Winchester police officer) Harold Jones, who provided crime scene evidence as the detective in the case. ECU alumnus and District Court Judge, Earl Ray Neal, presided over the testimony, which was conducted by our award-winning ECU Mock Trial students. Twelve students from the class were selected for jury duty in the case this Tuesday and sat in the jury box and eventually deliberated (briefly) in the jury room before issuing a verdict of 8 Guilty, 4 Not Guilty By Reason of Insanity. The trial was a great success in illustrating many of the concepts from Dr. Wygant's course, including jury selection/deliberation, expert testimony, psychological testing and diagnosis, and insanity.



Have You Ever Considered Studying Abroad?



EKU Psychology and Animal Studies majors have the opportunity to study abroad on several continents this summer. Dr. Steffen Wilson will be teaching two developmental psychology classes, Issues in Cross-Cultural Psychology: Growing Up Japanese and The Graying of Japan. Students will spend time in Nara, Japan's capital during the 8th century, Tokyo, Nikko, Hiroshima, and Kyoto. In addition to attending classes, they will experience traditional Japanese arts including calligraphy and the Kabuki Theater, and visit historical sites such as Todai-ji in Nara, Toshogu in Nikko, and Itsukushima

Shrine in Miyajima. Drs. Rosanne Lorden and Bob Mitchell plan to take a group of students to the Galapagos Islands. They will be conducting research and taking classes in Human Ethology and Nonverbal Behavior. Pierre Brubaker will once again impart his wisdom to students in the City of Light. He will be teaching the Psychology of Art and Nonverbal Behavior classes in Paris. He is desperately hoping to miss the return flight and spend his remaining days sipping wine, studying art, and hanging around boulangeries in the cultural (and eating) capital of the world.

Psychology Colloquium Series

The Psychology Colloquium series – the Psycholoquium – has been busy so far this Fall semester. Within a span of two weeks, two separate speakers have visited to give talks. Both were well attended by students and faculty. On September 28, 2012, Dr. Stephen Killingsworth gave a talk entitled “Action and Attention: Reinventing The Keyboard”. Dr. Killingsworth is currently a post-doctoral researcher at Vanderbilt University, helping to develop educational video games. In his talk though, he described his research that explores the ways in which action planning (e.g. planning to press buttons on a key board) affects visual attention and perception. On October 10, 2012, Matt Montgomery,

a Global Manager - Corporate Supply Base Management at Lexmark Inc. (the printing and solutions company headquartered in Lexington, Ky.), gave a talk entitled “Corporate Social Responsibility: Overview and Current Challenges”. Among his many responsibilities at Lexmark, Mr. Montgomery works with Lexmark's suppliers (who supply parts and raw materials) on “sustainability” issues, which include not just environmental issues, but also work environment issues. Although not a psychologist himself, Mr. Montgomery noted that he and his colleagues are interested in psychological research that could help people such as himself to make good decisions in crisis situations, as when the 2011 earthquakes, Tsunamis and nuclear meltdown in Japan affected the supply chains of many companies.



Psi Chi and Psychology Club Welcomes New Members

Congratulations to the following students who have all met the eligibility requirements for active membership in these organizations:

New Fall 2012 Psi Chi Members:

Sara Andrews
Ashlee Davis
Brittany Ford
Whitney Hammons
Andrea Hensley
Amanda Renfro
Kelsey Roberts
Hella Robbins
Michelle Rossi
Jessica Stout

New Psy Club Members:

Rebecca Alsip
Karissa Anderson
Heather Bullock
Karin Forbes
Megan Fuller
Rachael Merriman
Steven Osborne
William Richards
Emily Thomas
Emily Whitaker
Kaitlyn Williamson

A shout out to the current president, Adam Crighton, who is doing an amazing job to keep the members informed about the organization and activities! Great work!

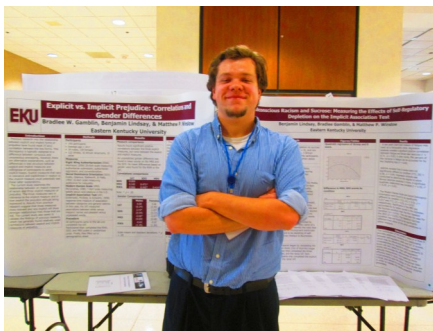
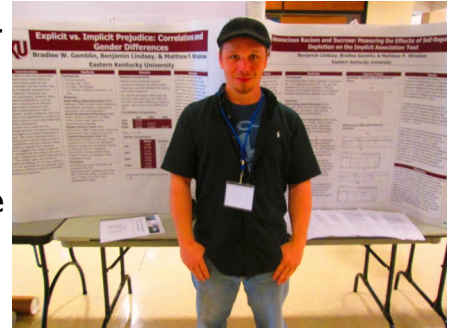
A Wonderful Addition to the ECU Faculty!

Cheryl Ramey is a native of Birmingham Alabama and was raised on a farm near Lowell Arkansas. She earned her bachelor's and her master's degrees here at ECU, in psychology and clinical psychology respectively, both many years ago. After much time and effort, she is ABD and finally a doctoral candidate in the department of family science at UK, hopefully by this printing will finally be a PhD. Most of her career has been spent in the clinical field, primarily working with adults and children with severe and persistent mental illness. She also spent several years working in private practice doing employee assistance programming. Her research interests include mental health treatment compliance and grief and loss recovery. A former math phobic, her proudest achievement is her graduate certificate in applied statistics. Her great love, however, is teaching. She is the director of the ECU Inner Space Camp. Cheryl has been married for 18 years to a former ECU psych graduate. In her spare time, she cooks, gardens, paints, and plays with her numerous dogs.



Graduate Students Presenting at the SSSP Conference

Benjamin Lindsay and Bradlee Gamblin attended the SSSP conference in Florida this fall. Following is what Ben shared with PsyQ on his experience: “As a General (Experimental) track Masters student of the ECU psychology department, it was an honor to represent our program at the 34th annual conference of the Society of Southeastern Social Psychologists at the University of Florida in Gainesville.” The SSSP was initially formed and held in 1978, conceptualized as a self-organizing system with the purposes of information exchange, moral support, and communication facilitation, and as a forum for various topics of psychology.



“With attending psychologists from schools like Duke, Yale, and, of course, the University of Florida, Bradlee Gamblin and I were in good company. Speakers such as Tanya Chartrand, Erin Cooley, James Shepperd, and Jennifer Howell, led the symposia which comprised some of the most important topics of modern Social Psychology. On October 13th, the second and final day of the conference, we personally presented the topics of *Sucrose moderation in Self-Regulatory Depletion*, and *Gender differences in Implicit and Explicit Prejudice*. Our presence

was well-received by our social-psychological peers, as evidenced by not only the extensive discussions about our mutual work and email addresses shared, but also by the number of students who were genuinely interested in ECU’s psychology department as a possible home for their graduate endeavors. Bradlee and my attendance at the 2012 conference of SSSP was clearly a success, not only for ourselves as emerging experimental psychologists, but for the ECU psychology department as a whole which we were so proud to represent.

2012 School Psychology Futures Conference

Dr. Dan Florell helped the ECU Psychology Department host a site for the 2012 School Psychology Futures Conference that was broadcast online to connect school psychologists from around the world. This year’s Futures Conference promoted children’s future academic success and mental health by focusing on three themes: leadership, critical skills, and advocacy. Each conference focused on one theme as experienced school psychologists discussed and shared information on effective methods for facilitating and improving skills related to the themes. Professors and graduate students in attendance were fascinated by the content of the conference.



Alumni Updates

Alumni Group Forming on LinkedIn

An ECU Psychology Department Alumni group is forming on LinkedIn. The purpose of this group is to create a network of alumni for our current majors. If you are a member of this group, a current Psychology major may contact you to learn about your current job and your career path since graduation. This group is also a way for you to make professional connections. If you have a LinkedIn account, please consider joining this group by clicking on this link [EKU Psychology Department](#) or searching "EKU Psychology Department" the next time you are on LinkedIn. If you have any questions or comments, you can contact Dr. Steffen Wilson at steffen.wilson@eku.edu.

Please Complete the Alumni Survey!

A brief Alumni survey is attached to the body of the e-mail that included this newsletter. We would be very grateful if you would complete this survey. It should take you less than 10 minutes to complete, and it will provide us with helpful information for our current students, as well as let us know how we can serve our students best as we go forward. You can also complete this survey by following this link-[EKU Psychology Alumni Survey](#).



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Let's Hear from Alumni

We love to hear from our alumni. After a rough past couple of years in publishing the PsyQ, we want to know what you have been up to so that we can expand our alumni update section in the PsyQ. Please send us your updates by e-mailing Dan Florell at dan.florell@eku.edu. You can also submit your updates to Dan Florell by accessing the Psychology Department at www.psychology.eku.edu. This page will provide you with an Alumni link where the Alumni Questionnaire is located.